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STHMSB - WELLS BARTLETT

How does the therapist avoid the twin dangers of either being a bull in a china shop or of handling the patient with kid gloves? How can he or she balance empathy for the patient's subjective self-experience with the rigorous analysis of the patient's unconscious defensiveness? For decades these questions have been at the heart of debates about psychotherapeutic technique and the source of tremendous polarization in the field. In the early days of psychoanalysis, one analyzed character resistances either aggressively like Wilhelm Reich or more gently like Anna Freud. Today, one sides with Otto Kernberg and confrontatively treats borderline and narcissistic pathology or, following Heinz Kohut, works more empathically. Lawrence Josephs transcends the rigid polarities of competing schools and offers an innovative approach. He proposes that one can move back and forth between opposing psychoanalytic stances and that flexibility in clinical technique is the key to efficacy. According to Josephs, when we avoid remain-

ing rigidly stuck in any one way of working, we can learn from all perspectives. Dr. Josephs's own point of view centers on one simple recommendation: to maintain a dynamic balance between empathy and analysis. It is an easy recommendation to make but difficult to implement. Through the re-examination of classic case studies from Freud to Kohut, the author demonstrates how one can balance the rigorous analysis of the patient's character resistances - the most narcissistically injurious aspect of psychoanalysis - with a deep empathy for the patient's subjective self-experience - the most healing aspect of psychoanalysis.

Character Analysis Farrar, Straus and Giroux

This anthology is not intended to replace any of the works of Wilhelm Reich, but rather to serve as an introduction to them. The chapters include material from *The Function of the Orgasm*; *The Cancer Biopathy*; *Character Analysis*; *Ether, God and Devil*; *Cosmic Superimposition* and *The Murder of Christ*. In addition the volume reprints many important later articles from various journals.

One of The Economist's 2011 Books of the Year A Boston Globe Best Nonfiction Book of 2011 Well before the 1960s, a sexual revolution was under way in America, led by expatriated European thinkers who saw a vast country ripe for liberation. In *Adventures in the Orgasmatron*, Christopher Turner tells the revolution's story—an illuminating, thrilling, often bizarre story of sex and science, ecstasy and repression. Central to the narrative is the orgone box—a tall, slender construction of wood, metal, and steel wool. A person who sat in the box, it was thought, could elevate his or her "orgastic potential." The box was the invention of Wilhelm Reich, an outrider psychoanalyst who faced a federal ban on the orgone box, an FBI investigation, a fraught encounter with Einstein, and bouts of paranoia. In Turner's vivid account, Reich's efforts anticipated those of Alfred Kinsey, Herbert Marcuse, and other prominent thinkers—efforts that brought about a transformation of Western views of sexuality in ways even the thinkers themselves could not have imagined.

The author of *Nature and Spirit* offers a fresh take on the radical naturalist and psychoanalytic thinker who revolutionized human understanding of the relationship between sexuality and society. In this profound and moving work, the scientist Wilhelm Reich explores the meaning of Christ's life and reveals the hidden, universal scourge that caused his agonizing death--*The Emotional Plague of Mankind*. Reich contends that man is faced with full responsibility for the murder of Christ all through the ages--for the murder of fellow human beings, no matter what the circumstances. Here is the blunt truth about people's true ways of being, acting and emotional reacting. Here, also, the lesson of the murder of Christ is applied to the contemporary social scene. The

tragedy of Reich's own death points up the fact that the problems presented in *THE MURDER OF CHRIST* are acute problems of present-day society.

Discusses the problems of text and context in studying the philosophical writings of Wittgenstein, Ricoeur, Sartre, Jameson, Marx, and Bakhtin

2015 Gradiva Award Winner *The Embodied Analyst* brings together the history of embodied analysis found in the work of Freud and Reich and contemporary relational analysis, particularly as influenced by infant research. By integrating the 'old' embodied and the 'new' relational traditions, the book contributes to a new clinical perspective focusing on form and process rather than content and structure - the 'how', rather than the 'what' and the 'why'. This perspective is characterised by a focus on movement, emotional interaction and the therapists own bodily experience in the analytic encounter. Jon Sletvold presents a user-friendly approach to embodied experience, providing the history, theory, training and practice of embodied experience and expression as a way of expanding clinical attention. Starting with a Spinozan view of the embodied mind, Part One: *History of Embodied Psychoanalysis* presents an overview of the history of the field in the works of Freud and Reich as well as a look at the Norwegian Character Analytic tradition . Part Two: *Conceptual Framework and Clinical Guidelines* explains how clinical interaction can be navigated based on the embodied concepts of subjectivity, intersubjectivity and reflexivity. Part Three: *Embodied Training and Supervision* presents innovative approaches to training in emotional communication inspired by the performing arts. The book ends

with a consideration of the embodied analyst in the 21st century consulting room. Capturing key aspects of a transitional movement in the development of psychoanalysis and psychotherapy, *The Embodied Analyst* is ideal for those working and training in psychoanalysis and psychotherapy.

The Language of the Body, originally published as *Physical Dynamics of Character Structure*, brilliantly describes how personality is expressed in the form and function of the body. The body is the key to understanding behavior and working with the body is the key to psychological health. *The Language of the Body* outlines the foundations of character structure: schizoid, oral, masochistic, hysterical, and phallic narcissistic personality types. Dr. Lowen examines the relationship between psychoanalytic theory and body therapy.

In this classic study, Reich repudiates the concept that fascism is the ideology or action of a single individual or nationality, or of any ethnic or political group. Instead he sees fascism as the expression of the irrational character structure of the average human being whose primary biological needs and impulses have been suppressed for thousands of years.

"It blazes as fiercely and scintillatingly as a forest fire. There is life here; a great rage to live more fully. In this it is a giant among novels." (San Francisco Examiner) A Penguin Classic Saul Bellow evokes all the rich colors and exotic customs of a highly imaginary Africa in this acclaimed comic novel about a middle-aged American millionaire who, seeking a new, more rewarding life, descends upon an African tribe. Henderson's awesome feats of strength and his unbridled passion for life win him the admiration

of the tribe—but it is his gift for making rain that turns him from mere hero into messiah. A hilarious, often ribald story, *Henderson the Rain King* is also a profound look at the forces that drive a man through life. This Penguin Classics edition contains an introduction by Adam Kirsch. For more than seventy years, Penguin has been the leading publisher of classic literature in the English-speaking world. With more than 1,700 titles, Penguin Classics represents a global bookshelf of the best works throughout history and across genres and disciplines. Readers trust the series to provide authoritative texts enhanced by introductions and notes by distinguished scholars and contemporary authors, as well as up-to-date translations by award-winning translators.

In a classic work of alternate history, the United States is divided up and ruled by the Axis powers after the defeat of the Allies during World War II. Reissue. Winner of the Hugo Award for Best Novel.

The core of this book is a tape-recorded interview of Wilhelm Reich, conducted by a representative of the Sigmund Freud Archives, Inc. Published here for the first time, it is a profoundly human and an unusually candid document that supplies a long-awaited clarification of the relationship between Reich and Freud. Reich discusses the personally tragic but scientifically vital implications of his relationship with Sigmund Freud in a manner both simple and concise, placing the reader in a position to determine for himself what was at issue. The book has an extensive documentary supplement containing pertinent extracts from Reich's writings as well as previously unpublished material from his archives, including letters to Freud, Adler, Ferenczi, and others in-

involved in the early struggles within psychoanalysis. It also includes documents revealing the unrelenting hostility of the psychoanalysts toward Reich.

Wilhelm Reich, the father of somatic psychotherapy, developed a descriptive, prescriptive, and diagnostic theory, detailing physical and psychological traits that make up predictable character structures. Each character structure is imbued with predilections toward specific types of physical tightening and restriction, leading to patterns of muscular armoring that restrict the flow of life energy. These restrictions relate to common psychological ailments, including anxiety and depression. Utilizing a heuristic methodology, this thesis explores the functional unity of the mind and the body and the therapeutic impact of Reich's framework. This study investigates how an understanding of Reich's theory on character analysis and the evolution of Reich's work can help orient the psychotherapist to integrate a somatic perspective into contemporary mainstream psychotherapy. A series of flexible character maps contributes to clinicians' knowledge of belief systems, physiological structure, and psychological traits that are reactions to adversity at specific stages of development.

Here is an authoritative introduction to Wilhelm Reich's science of life energy, or orgonomy. Ola Raknes covers every aspect of this controversial subject, explaining among much else the liberation of sexual energy, the nature of functional thinking, mind-body functional identity, the four-beat orgasm formula, and the bearing of life energy on religion, education, medicine and psychology. In addition, his own reminiscences provide an unexpected personal dimension. At the time of Reich's death in a federal penitentiary, Raknes was one of the few men still loyal to him and one of the

few to enjoy his full confidence. Because Raknes worked so closely with Reich and later followed every development of orgonomic research, Wilhelm Reich and Orgonomy fills an important place both in the context of Reich's own writings and in current studies of life energy.

Looking back over the development of orgone biophysics, Reich wrote: "My experimental studies during the years 1934 to 1938 gradually and logically centered on a single basic problem: how deeply is the function of the orgasm rooted in biology?" The Bioelectrical Investigation of Sexuality and Anxiety is composed of three essential contributions from the period: "The Orgasm as an Electrophysiological Discharge," "Sexuality and Anxiety," and "The Bioelectrical Function of Sexuality and Anxiety," Reich's detailed report on the physiological experiments in which he sought proof for his orgasm theory. The Bioelectrical Investigation of Sexuality and Anxiety "can with good reason be understood as a logical continuation of my Character Analysis," Reich wrote. "It is the character analysis of the areas of biological functioning."

Dr. David Shapiro's first new book in ten years, Dynamics of Character deepens his now-classic studies of psychopathology with this conceptualization of a dynamics of the whole character--a self-regulatory system that encompasses personal attitudes, modes of activity, and relationship with the external world. Extending and magnifying Shapiro's original vision of psychopathology, Dynamics of Character is a resonantly reasoned response to the reduction of complex processes of mind to products of biological defect of psychological trauma.

Sex relations. Orgasms. Psychological aspects. Psychoanalyst's

theory of life energy.

The Bion Experiments, published in a limited German edition in 1938 and now available in English for the first time, represents a cornerstone in Reich's scientific development. The work documents a series of experiments conducted in Oslo in 1936-37 in which Reich applied the formula of tension?charge?discharge?relaxation, derived from his research on the function of the orgasm, to the microscopic biological world, thereby opening a route to an understanding of the origin of life. This work is divided into two parts: the first, a detailed report on the experiments; the second, Reich's conclusions and an exposition of his research method. The Bion Experiments provides a unique insight into Reich's scientific method, and makes available the experimental material essential to understanding his later work with cancer and orgone biophysics.

These companion volumes, long out of print, are now presented together for the first time so that the reader may better grasp their essential unity. In *Ether, God and Devil*, Wilhelm Reich describes the process of functional thinking and reveals how the inner logic of this objective thought technique led him to the discovery of cosmic orgone energy. In *Cosmic Superimposition*, Reich steps beyond the character structure of man to an understanding of how man is rooted in nature. The super-imposition of two orgone-energy systems which is demonstrable in the genital embrace is revealed as a common functioning principal that exists in all of nature. Concluding this work, Reich returns to the human sphere "to ponder about the greatest riddle of all: the ability of man to think, and by mere thinking to know what nature is and

how it works."

Listen, Little Man! is a great physician's quiet talk to each one of us, the average human being, the Little Man. Written in 1946 in answer to the gossip and defamation that plagued his remarkable career, it tells how Reich watched, at first naively, then with amazement, and finally with horror, at what the Little Man does to himself; how he suffers and rebels; how he esteems his enemies and murders his friends; how, wherever he gains power as a "representative of the people," he misuses this power and makes it crueler than the power it has supplanted. Reich asks us to look honestly at ourselves and to assume responsibility for our lives and for the great untapped potential that lies in the depth of human nature.

Character Analysis Farrar, Straus and Giroux Reich's classic work on the development and treatment of human character disorders, first published in 1933. As a young clinician in the 1920s, Wilhelm Reich expanded psychoanalytic resistance into the more inclusive technique of character analysis, in which the sum total of typical character attitudes developed by an individual as a blocking against emotional excitations became the object of treatment. These encrusted attitudes functioned as an "armor," which Reich later found to exist simultaneously in chronic muscular spasms. Thus mind and body came together and character analysis opened the way to a biophysical approach to disease and the prevention of it. *Character Analysis* Macmillan The German psychologist describes his theories of psychoanalysis and the biological and psychological bases of neuroses *Character Analysis* Macmillan- The German psychologist describes his theories of psychoanalysis

and the biological and psychological bases of neuroses
 The Mass Psychology of Fascism Macmillan
 In this classic study, Reich repudiates the concept that fascism is the ideology or action of a single individual or nationality, or of any ethnic or political group. Instead he sees fascism as the expression of the irrational character structure of the average human being whose whose primary biological needs and impulses have been suppressed for thousands of years.
 Reich Speaks of Freud Wilhelm Reich Discusses His Work and His Relationship with Sigmund Freud Farrar, Straus and Giroux
 The core of this book is a tape-recorded interview of Wilhelm Reich, conducted by a representative of the Sigmund Freud Archives, Inc. Published here for the first time, it is a profoundly human and an unusually candid document that supplies a long-awaited clarification of the relationship between Reich and Freud. Reich discusses the personally tragic but scientifically vital implications of his relationship with Sigmund Freud in a manner both simple and concise, placing the reader in a position to determine for himself what was at issue. The book has an extensive documentary supplement containing pertinent extracts from Reich's writings as well as previously unpublished material from his archives, including letters to Freud, Adler, Ferenczi, and others involved in the early struggles within psychoanalysis. It also includes documents revealing the unrelenting hostility of the psychoanalysts toward Reich.
 The Sexual Revolution Toward a Self-Regulating Character Structure Macmillan
 The European social revolutions of the early twentieth century provide the framework for an analysis of infantile and adolescent sexuality and conflicts in the institution of marriage
 People In Trouble Farrar, Straus and Giroux
 First published by Reich in 1953, People in Trouble is an au-

tobiographical work in which Reich describes the development of his sociological thinking from 1927 to 1937. In simple narrative form he recounts his personal experiences with major social and political events and ideas, and reveals how these experiences gradually led him to an awareness of the deep significance of the human character structure in shaping and responding to the social process. The importance of Karl Marx's work and its distortion by communist politicians plays an important role in Reich's account, as does the political activity in the International Psychoanalytic Association which led to his expulsion from that organization in 1934. The Norwegian press campaign against his biological experiments is also discussed. People in Trouble is the story of one man's courageous struggle to understand the political activity of his fellow men.
 Children of the Future On the Prevention of Sexual Pathology Farrar, Straus and Giroux
 Translated by Derek and Inge Jordan
 In Children of the Future, Wilhelm Reich shows how disastrous the exclusion of genitality is to the young and its important influence on their development. In his 1932 work The Sexual Rights of Youth, published here in its revised form, Reich speaks in terms of what he sees as the real meaning of the sexual enlightenment of youth: it is not the mystery and dangers of procreation, but the essential nature of sexuality and the right of youth to genital gratification. Reich presents a new way of seeing the parental compulsion to teach. In other chapters, Reich examines attitudes toward infantile masturbation, the source of the human no, and special disturbances of the young. Reich's work is substantiated by his concrete observations and experiences with children, including case studies from the Orgonomic Infant Research Center.
 Character-analysis Character Analysis Adventures in the Or-

gasmatronHow the Sexual Revolution Came to AmericaFarrar, Straus and GirouxOne of The Economist's 2011 Books of the Year A Boston Globe Best Nonfiction Book of 2011 Well before the 1960s, a sexual revolution was under way in America, led by expatriated European thinkers who saw a vast country ripe for liberation. In *Adventures in the Orgasmatron*, Christopher Turner tells the revolution's story—an illuminating, thrilling, often bizarre story of sex and science, ecstasy and repression. Central to the narrative is the orgone box—a tall, slender construction of wood, metal, and steel wool. A person who sat in the box, it was thought, could elevate his or her "orgastic potential." The box was the invention of Wilhelm Reich, an outrider psychoanalyst who faced a federal ban on the orgone box, an FBI investigation, a fraught encounter with Einstein, and bouts of paranoia. In Turner's vivid account, Reich's efforts anticipated those of Alfred Kinsey, Herbert Marcuse, and other prominent thinkers—efforts that brought about a transformation of Western views of sexuality in ways even the thinkers themselves could not have imagined. *The Bioelectrical Investigation of Sexuality and Anxiety*Farrar, Straus and GirouxLooking back over the development of orgone biophysics, Reich wrote: "My experimental studies during the years 1934 to 1938 gradually and logically centered on a single basic problem: how deeply is the function of the orgasm rooted in biology?" *The Bioelectrical Investigation of Sexuality and Anxiety* is composed of three essential contributions from the period: "The Orgasm as an Electrophysiological Discharge," "Sexuality and Anxiety," and "The Bioelectrical Function of Sexuality and Anxiety," Reich's detailed report on the physiological experiments in which he sought proof for his orgasm theory. *The Bioelectrical Investigation of Sex-*

uality and Anxiety "can with good reason be understood as a logical continuation of my *Character Analysis*," Reich wrote. "It is the character analysis of the areas of biological functioning." *The Bion Experiments on the Origins of Life*Farrar, Straus and Giroux*The Bion Experiments*, published in a limited German edition in 1938 and now available in English for the first time, represents a cornerstone in Reich's scientific development. The work documents a series of experiments conducted in Oslo in 1936-37 in which Reich applied the formula of tension?charge?discharge?relaxation, derived from his research on the function of the orgasm, to the microscopic biological world, thereby opening a route to an understanding of the origin of life. This work is divided into two parts: the first, a detailed report on the experiments; the second, Reich's conclusions and an exposition of his research method. *The Bion Experiments* provides a unique insight into Reich's scientific method, and makes available the experimental material essential to understanding his later work with cancer and orgone biophysics. *The Body's Expression : The Silent Story of Wilhelm Reich's Character Analysis*Wilhelm Reich, the father of somatic psychotherapy, developed a descriptive, prescriptive, and diagnostic theory, detailing physical and psychological traits that make up predictable character structures. Each character structure is imbued with predilections toward specific types of physical tightening and restriction, leading to patterns of muscular armor-ing that restrict the flow of life energy. These restrictions relate to common psychological ailments, including anxiety and depression. Utilizing a heuristic methodology, this thesis explores the functional unity of the mind and the body and the therapeutic impact of Reich's framework. This study investigates how an unders-

tanding of Reich's theory on character analysis and the evolution of Reich's work can help orient the psychotherapist to integrate a somatic perspective into contemporary mainstream psychotherapy. A series of flexible character maps contributes to clinicians' knowledge of belief systems, physiological structure, and psychological traits that are reactions to adversity at specific stages of development. Selected Writings An Introduction to Orgonomy Far- rar, Straus and Giroux This anthology is not intended to replace any of the works of Wilhelm Reich, but rather to serve as an introduction to them. The chapters include material from The Function of the Orgasm; The Cancer Biopathy; Character Analysis; Ether, God and Devil; Cosmic Superimposition and The Murder of Christ. In addition the volume reprints many important later articles from various journals. Whole Therapist, Whole Patient Integrating Reich, Masterson, and Jung in Modern Psychotherapy Routledge Integrating the work of Reich, Masterson, and Jung, Whole Therapist, Whole Patient is a step-by-step guidebook for professionals to learn about the psychology of their patients and conduct treatment in a dynamic way. This text combines Reich's character analyses, Masterson's work on personality disorders, and Jung's dream analyses to create a clear typology of character types that therapists can use to understand themselves and their patients. Also included are case management techniques and guidance for working with difficult patients. In addition, readers can turn to the book's online resources to access a downloadable patient package, case presentation guide, and psychological history form. Me and the Orgone American College of Orgonomy Pulsation From Wilhelm Reich to Neurodynamic Psychotherapy The Embodied Analyst- From Freud and Reich to relationality Routledge 2015 Gradiva

Award Winner The Embodied Analyst brings together the history of embodied analysis found in the work of Freud and Reich and contemporary relational analysis, particularly as influenced by infant research. By integrating the 'old' embodied and the 'new' relational traditions, the book contributes to a new clinical perspective focusing on form and process rather than content and structure - the 'how', rather than the 'what' and the 'why'. This perspective is characterised by a focus on movement, emotional interaction and the therapists own bodily experience in the analytic encounter. Jon Sletvold presents a user-friendly approach to embodied experience, providing the history, theory, training and practice of embodied experience and expression as a way of expanding clinical attention. Starting with a Spinozan view of the embodied mind, Part One: History of Embodied Psychoanalysis presents an overview of the history of the field in the works of Freud and Reich as well as a look at the Norwegian Character Analytic tradition . Part Two: Conceptual Framework and Clinical Guidelines explains how clinical interaction can be navigated based on the embodied concepts of subjectivity, intersubjectivity and reflexivity. Part Three: Embodied Training and Supervision presents innovative approaches to training in emotional communication inspired by the performing arts. The book ends with a consideration of the embodied analyst in the 21st century consulting room. Capturing key aspects of a transitional movement in the development of psychoanalysis and psychotherapy, The Embodied Analyst is ideal for those working and training in psychoanalysis and psychotherapy. Man in the Trap American College of Orgonomy Rethinking Intellectual History Texts, Contexts, Language Cornell University Press Discusses the problems of text and context in

studying the philosophical writings of Wittgenstein, Ricoeur, Sartre, Jameson, Marx, and Bakhtin Wilhelm Reich and Orgonomy American College of Orgonomy Here is an authoritative introduction to Wilhelm Reich's science of life energy, or orgonomy. Ola Raknes covers every aspect of this controversial subject, explaining among much else the liberation of sexual energy, the nature of functional thinking, mind-body functional identity, the four-beat orgasm formula, and the bearing of life energy on religion, education, medicine and psychology. In addition, his own reminiscences provide an unexpected personal dimension. At the time of Reich's death in a federal penitentiary, Raknes was one of the few men still loyal to him and one of the few to enjoy his full confidence. Because Raknes worked so closely with Reich and later followed every development of orgonomic research, Wilhelm Reich and Orgonomy fills an important place both in the context of Reich's own writings and in current studies of life energy. The Murder of Christ Farrar, Straus and Giroux In this profound and moving work, the scientist Wilhelm Reich explores the meaning of Christ's life and reveals the hidden, universal scourge that caused his agonizing death--The Emotional Plague of Mankind. Reich contends that man is faced with full responsibility for the murder of Christ all through the ages--for the murder of fellow human beings, no matter what the circumstances. Here is the blunt truth about people's true ways of being, acting and emotional reacting. Here, also, the lesson of the murder of Christ is applied to the contemporary social scene. The tragedy of Reich's own death points up the fact that the problems presented in THE MURDER OF CHRIST are acute problems of present-day society. Wilhelm Reich's Character Analysis in Its Historical Context A Record of

Friendship Macmillan Fury On Earth A Biography Of Wilhelm Reich-Da Capo Press Listen, Little Man! Listen, Little Man! "is a great physician's quiet talk to each one of us, the average human being, the Little Man. Written in 1946 in answer to the gossip and defamation that plagued his remarkable career, it tells how Reich watched, at first naively, then with amazement, and finally with horror, at what the Little Man does to himself; how he suffers and rebels; how he esteems his enemies and murders his friends; how, wherever he gains power as a "representative of the people," he misuses this power and makes it crueler than the power it has supplanted. Reich has us to look honestly at ourselves and to assume responsibility for our lives and for the great untapped potential that lies in the depth of human nature. Wilhelm Reich Psychoanalyst and Radical Naturalist Macmillan The author of Nature and Spirit offers a fresh take on the radical naturalist and psychoanalytic thinker who revolutionized human understanding of the relationship between sexuality and society. A Book of Dreams Peter Reich Henderson the Rain King Penguin "It blazes as fiercely and scintillatingly as a forest fire. There is life here; a great rage to live more fully. In this it is a giant among novels." (San Francisco Examiner) A Penguin Classic Saul Bellow evokes all the rich colors and exotic customs of a highly imaginary Africa in this acclaimed comic novel about a middle-aged American millionaire who, seeking a new, more rewarding life, descends upon an African tribe. Henderson's awesome feats of strength and his unbridled passion for life win him the admiration of the tribe—but it is his gift for making rain that turns him from mere hero into messiah. A hilarious, often ribald story, Henderson the Rain King is also a profound look at the forces that drive a man through life. This

Penguin Classics edition contains an introduction by Adam Kirsch. For more than seventy years, Penguin has been the leading publisher of classic literature in the English-speaking world. With more than 1,700 titles, Penguin Classics represents a global bookshelf of the best works throughout history and across genres and disciplines. Readers trust the series to provide authoritative texts enhanced by introductions and notes by distinguished scholars and contemporary authors, as well as up-to-date translations by award-winning translators.

Character-analysis
The Man in the High Castle
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 In a classic work of alternate history, the United States is divided up and ruled by the Axis powers after the defeat of the Allies during World War II. Reissue. Winner of the Hugo Award for Best Novel.
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 Sex-economic Problems of Biological Energy
 Souvenir Press
 Sex relations. Orgasms. Psychological aspects. Psiphoanalysis-

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Listen, Little Man! is a great physician's quiet talk to each one of us, the average human being, the Little Man. Written in 1946 in answer to the gossip and defamation that plagued his remarkable career, it tells how Reich watched, at first naively, then with amazement, and finally with horror, at what the Little Man does to himself; how he suffers and rebels; how he esteems his enemies and murders his friends; how, wherever he gains power as a "representative of the people," he misuses this power and makes it crueler than the power it has supplanted. Reich asks us to look honestly at ourselves and to assume responsibility for our lives and for the great untapped potential that lies in the depth of human nature.
Balancing Empathy and Interpretation
 Relational Character Analysis
 Jason Aronson
 How does the therapist avoid the twin dangers of either being a bull in a china shop or of handling the patient with kid gloves? How can he or she balance empathy for the patient's subjective self-experience with the rigorous analysis of the patient's unconscious defensiveness? For decades these questions have been at the heart of debates about psychotherapeutic technique and the source of tremendous polarization in the field. In the early days of psychoanalysis, one analyzed character resistances either aggressively like Wilhelm Reich or more gently like Anna Freud. Today, one sides with Otto Kernberg and confrontatively treats borderline and narcissistic pathology or, following Heinz Kohut, works more empathically. Lawrence Josephs transcends the rigid polarities of competing schools and offers an innovative approach. He proposes that one can move back and forth between opposing psychoanalytic stances and that flexibility in clinical technique is the key to efficacy. Accord-

ing to Josephs, when we avoid remaining rigidly stuck in any one way of working, we can learn from all perspectives. Dr. Josephs's own point of view centers on one simple recommendation: to maintain a dynamic balance between empathy and analysis. It is an easy recommendation to make but difficult to implement. Through the re-examination of classic case studies from Freud to Kohut, the author demonstrates how one can balance the rigorous analysis of the patient's character resistances - the most narcissistically injurious aspect of psychoanalysis - with a deep empathy for the patient's subjective self-experience - the most healing aspect of psychoanalysis. Dynamics Of Character Dr. David Shapiro's first new book in ten years, Dynamics of Character deepens his now-classic studies of psychopathology with this conceptualization of a dynamics of the whole character--a self-regulatory system that encompasses personal attitudes, modes of activity, and relationship with the external world. Extending and magnifying Shapiro's original vision of psychopathology, Dynamics of Character is a resonantly reasoned response to the reduction of complex processes of mind to products of biological defect of psychological trauma. Character Analysis ... Translated by Theodore P. Wolfe. (Third Edition.) Jung and Reich The Body as Shadow North Atlantic Books Although contemporaries, Carl Jung and Wilhelm Reich, two giants in the field of psychoanalysis, never met. What might have happened if they had is the inspiration behind this detailed investigation. Jung and Reich succinctly outlines each man's personality and compares their lives and their work, emphasizing points of convergence between them. John Conger provocatively puts Jung's mystical and psychological approach to spiritual disciplines on the same plane as Reich's controversial

theories of "genitality" and character armor. The result is a heady "what if?" bound to intrigue and inspire readers. The Language of the Body Physical Dynamics of Character Structure Simon and Schuster The Language of the Body, originally published as Physical Dynamics of Character Structure, brilliantly describes how personality is expressed in the form and function of the body. The body is the key to understanding behavior and working with the body is the key to psychological health. The Language of the Body outlines the foundations of character structure: schizoid, oral, masochistic, hysteric, and phallic narcissistic personality types. Dr. Lowen examines the relationship between psychoanalytic theory and body therapy.

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Integrating the work of Reich, Masterson, and Jung, Whole Therapist, Whole Patient is a step-by-step guidebook for professionals to learn about the psychology of their patients and conduct treatment in a dynamic way. This text combines Reich's character analyses, Masterson's work on personality disorders, and Jung's dream analyses to create a clear typology of character types that therapists can use to understand themselves and their patients.

Also included are case management techniques and guidance for working with difficult patients. In addition, readers can turn to the book's online resources to access a downloadable patient package, case presentation guide, and psychological history form.

The European social revolutions of the early twentieth century provide the framework for an analysis of infantile and adolescent sexuality and conflicts in the institution of marriage

Translated by Derek and Inge Jordan In *Children of the Future*, Wilhelm Reich shows how disastrous the exclusion of genitality is to the young and its important influence on their development. In his 1932 work *The Sexual Rights of Youth*, published here in its revised form, Reich speaks in terms of what he sees as the real meaning of the sexual enlightenment of youth: it is not the mystery and dangers of procreation, but the essential nature of sexuality and the right of youth to genital gratification. Reich presents a new way of seeing the parental compulsion to teach. In other chapters, Reich examines attitudes toward infantile masturbation, the source of the human no, and special disturbances of the young. Reich's work is substantiated by his concrete observations and experiences with children, including case studies from the Organomic Infant Research Center.

The German psychologist describes his theories of psychoanalysis and the biological and psychological bases of neuroses

"Listen, Little Man!" is a great physician's quiet talk to each one of us, the average human being, the Little Man. Written in 1946 in answer to the gossip and defamation that plagued his remarkable career, it tells how Reich watched, at first naively, then with amazement, and finally with horror, at what the Little Man does

to himself; how he suffers and rebels; how he esteems his enemies and murders his friends; how, wherever he gains power as a "representative of the people," he misuses this power and makes it crueler than the power it has supplanted. Reich has us to look honestly at ourselves and to assume responsibility for our lives and for the great untapped potential that lies in the depth of human nature.

First published by Reich in 1953, *People in Trouble* is an autobiographical work in which Reich describes the development of his sociological thinking from 1927 to 1937. In simple narrative form he recounts his personal experiences with major social and political events and ideas, and reveals how these experiences gradually led him to an awareness of the deep significance of the human character structure in shaping and responding to the social process. The importance of Karl Marx's work and its distortion by communist politicians plays an important role in Reich's account, as does the political activity in the International Psychoanalytic Association which led to his expulsion from that organization in 1934. The Norwegian press campaign against his biological experiments is also discussed. *People in Trouble* is the story of one man's courageous struggle to understand the political activity of his fellow men.

Reich's classic work on the development and treatment of human character disorders, first published in 1933. As a young clinician in the 1920s, Wilhelm Reich expanded psychoanalytic resistance into the more inclusive technique of character analysis, in which the sum total of typical character attitudes developed by an individual as a blocking against emotional excitations became the object of treatment. These encrusted attitudes functioned as an "ar-

mor," which Reich later found to exist simultaneously in chronic muscular spasms. Thus mind and body came together and character analysis opened the way to a biophysical approach to disease and the prevention of it.