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1D49CG - ORTIZ ZANDER

As the number of patients with diabetes increases annually, it is not surprising that the number of patients with diabetes who are admitted to the hospital also increases. Once in the hospital, patients with diabetes or hyperglycemia may be admitted to the Intensive Care Unit, require urgent or elective surgery, enteral or parenteral nutrition, intravenous insulin infusion, or therapies that significantly impact glycemic control (e.g., steroids). Because many clinical outcomes are influenced by the degree of glycemic control, knowledge of the best practices in inpatient diabetes management is extremely important. The field of inpatient management of diabetes and hyperglycemia has grown substantially in the last several years. This body of knowledge is summarized in this book, so it can reach the audience of hospitalists, endocrinologists, nurses and other team members who take care of hospitalized patients with diabetes and hyperglycemia.

Dyslipidemia is a major risk factor for cardiovascular events, cardiovascular mortality, and all-cause mortality. The earlier in life dyslipidemia is treated, the better the prognosis. The current book is an excellent one on dyslipidemia written by experts on this topic. This book includes 12 chapters including 5 on lipids, 4 on hypercholesterolemia in children, and 3 on the treatment of dyslipidemia. This book should be read by all health care professionals taking care of patients, including pediatricians since atherosclerotic cardiovascular disease begins in childhood.

Improving glycemic, lipid, and blood pressure outcomes is the essence of diabetes care. Maintaining consistently positive results is an ongoing challenge for every healthcare professional. After years of clinical practice, Mayer Davidson, MD, has developed a series of algorithmic techniques that can increase positive results. Based on the American Diabetes Association's Standards of Care, this book offers detailed treatment algorithms that have been shown to be clinically effective in improving outcomes in people with diabetes. In this second edition, Davidson has revised and updated the algorithms to match the ever-changing ADA Standards of Care. Sections include: Laying the Groundwork: Background for Evidence-Based ADA Guidelines for Standards of Diabetes Care, Evidence-Based Principles of Dietary Therapy, Glycemia, Dyslipidemia, and Hypertension.

The AACE/ACE Diabetes Algorithm for Glycemic Control FLASHcard is a durable plastic card containing society-endorsed, consensus-based treatment guidelines in a brief algorithmic format that is most preferred by practicing clinicians, quality managers, nurses, educators, and medical students. This practical quick-reference tool contains oral and insulin drug therapy and dosing information. The AACE/ACE Diabetes Algorithm for Glycemic Control FLASHcard provides all that is needed to make accurate treatment decisions at the point of care according to the latest consensus recommendations. The FLASHcard is endorsed by the American Association of Clinical Endocrinologists (AACE) and the American College of Endocrinology (ACE).

It has been known for over 40 years that GH-deficient-children benefit from replacement with the hormone. But GH, essential for longitudinal growth, also plays a role after completion of final

height. With the introduction of biosynthetic human GH 20 years ago, the use of GH was no longer restricted to severe growth retardation in hypopituitary children. This book will take the reader behind the myths of GH and into the real world of clinical endocrinology. The contributions stem from recognized clinicians and scientists who have been working in the field for decades. The contents encompass traditional end points of GH therapy such as body composition, bone biology and physical performance. Attention is also devoted to diagnostic aspects and side effects. Additional features range from clinical epidemiology to quality of life, and novel areas such as the impact of traumatic brain injury on pituitary function are also covered. The present volume of *Frontiers of Hormone Research* is essential reading for health care professionals interested in clinical endocrinology and GH.

Guidelines Pocketcards are multi-folded cards containing society-endorsed, evidence-based treatment guidelines in a brief step-by-step format that is most preferred by practicing clinicians, quality managers, nurses, educators, and medical students. The Diabetes Mellitus Type 2 Guidelines Pocketcard is endorsed by the American Association of Clinical Endocrinologists (AACE) and based on the latest AACE guidelines. This practical quick-reference tool contains screening, diagnostic, treatment algorithm, drug therapy, dosing information, patient monitoring, and counseling points. The Diabetes Mellitus Type 2 Guidelines Pocketcard provides all that is needed to make accurate clinical decisions at the point of care.

Clinical Dilemmas in Diabetes answers the clinical questions commonly encountered when diagnosing, treating, and managing patients with diabetes and its associated complications. Designed to support informed, evidence-based care, this authoritative clinical guide includes contributions from leading endocrinologists and diabetes researchers that discuss a diverse range of recent developments. Concise and focused chapters cover prediabetes, diabetes diagnosis, initial evaluation and management, disease complications, and cardiovascular disease and risk factors. Now in its second edition, *Clinical Dilemmas in Diabetes* contains extensively reviewed and revised information throughout. New and updated chapters examine prediction, diagnosis, and management of early Type 1 diabetes, ophthalmic complications, screening asymptomatic patients for cardiovascular disease, new agents for treatment of dyslipidemia, closed loop systems in Type 1 diabetes, upper gastrointestinal manifestations, managing hyperglycemia in critically ill patients, and more. Edited by Dr. Vella at the Mayo Clinic, this highly practical resource: Encourages evidence-based clinical decision-making, rather than algorithm-based approaches Provides clear guidance on common problematic areas, especially in cases where conflicts in treatment for the disease and the complications occur Emphasizes the importance of translating the results of clinical trials to individual care and management of diabetes Contains effective learning and revision tools, including Learning Points, chapter introductions and summaries, tables and figures, color diagrams and charts, and full references Part of the popular *Clinical Dilemmas* series, *Clinical Dilemmas in Diabetes* is a must-have guide for anyone involved in the treatment of patients with diabetes, particularly endocrinologists, diabetes spe-

cialists and consultants, cardiologists, residents, fellows, specialist nurses, and general practitioners with an interest in diabetes. The AACE/ACE Diabetes Algorithm for Glycemic Control PocketGuide(tm) is endorsed by the American Association of Clinical Endocrinologists and the American College of Endocrinology. This practical quick-reference tool contains oral and insulin drug therapy and dosing information. It provides all that is needed to make accurate treatment decisions at the point of care according to the latest consensus recommendations, including a comprehensive medication risk/benefit table, the current AACE/ACE diabetes algorithm for glycemic control, and a summary of insulin types and regimens. Applications include point-of-care, education, QI interventions, clinical trials, medical reference, and clinical research.

GUIDELINES Pocketcards are multifold pocketcards containing society-endorsed, evidence-based treatment guidelines in a brief algorithmic format that is most preferred by practicing clinicians, quality managers, nurses, educators, and medical students. The Primary Prevention of Cardiovascular Disease and Type 2 Diabetes in Patients at Metabolic Risk GUIDELINES Pocketcard is endorsed by The Endocrine Society and is based on their latest guidelines. This practical quick-reference tool contains screening, risk assessment, diagnostics, a risk reduction algorithm, comprehensive drug and dosing information, patient monitoring, and treatment goals. This pocketcard provides all that is needed to make accurate clinical decisions at the point of care including key points; a screening and risk assessment; diagnostic criteria for the metabolic syndrome; treatment to prevent CVD and T2DM; treatment goals for lipids; a risk reduction algorithm; current medication tables with brand and generic names; and detailed drug information including strengths, formulations, and comments. Applications include point-of-care, education, QI interventions, clinical trials, medical reference, and clinical research.

PocketGuides are a brief trifold pocketcards containing society-endorsed, consensus-based treatment guidelines in a brief algorithmic format that is most preferred by practicing clinicians, quality managers, nurses, educators, and medical students. The AACE/ACE Diabetes Algorithm for Glycemic Control PocketGuide is endorsed by the American Association of Clinical Endocrinologists and the American College of Endocrinology. This practical quick-reference tool contains oral and insulin drug therapy and dosing information. The AACE/ACE Diabetes Algorithm for Glycemic Control PocketGuide provides all that is needed to make accurate treatment decisions at the point of care according to the latest consensus recommendations, including a comprehensive medication risk/benefit table, a current AACE/ACE diabetes algorithm for glycemic control, and a summary of insulin types and regimens. Applications include point-of-care, education, QI interventions, clinical trials, medical reference, and clinical research.

Providing summaries of the latest and best publications, clinical trials, and evidence in endocrinology, this portable handbook is a time-saving addition to your professional library. In a concise, easy-to-read format, it offers evidence-based recommendations for the diagnosis and treatment of endocrine disorders and provides a comprehensive summary of pertinent clinical studies supporting the practice recommendations.

Diabetes affects an estimated 20 million people in the United States, with many people remaining unaware that they suffer from the disease. While the number of diabetics continues to rise, the number of caregivers who specialize in diabetes treatment does not. In *Educating Your Patient with Diabetes*, Katie Weinger and Catherine Carver assemble commentary from a panel of leading diabetes practitioners and researchers and put together a highly readable guide to supplying patients with diabetes with the information and ability to successfully cope with their dis-

ease. The authors and editors provide substantive data on successful models of diabetes education and the process of educating diabetes sufferers. Additional chapters discuss diabetes in pregnancy, the challenge of weight and diabetes management in clinical practice, and diabetes education in geriatric populations. Timely and accessible, *Educating Your Patient with Diabetes* is a must have for all diabetes educators, physician assistants, nurses, and endocrinologists who endeavor to support their patients' diabetes self-care efforts and help them maximize the opportunities for patient learning.

The Handbook of Diabetes provides concise and efficient coverage of the diagnosis, epidemiology, and management of diabetes and its complications. Containing hundreds of attractive colour diagrams, illustrations, and clinical photographs, this popular quick-reference guide focuses on the management and measurement of diabetes mellitus with highly visual references. Now in its fifth edition, this market-leading book aligns with the most recent guidelines from the American Diabetes Association (ADA), the European Association for the Study of Diabetes (EASD), Diabetes UK, and the National Institute for Health and Care Excellence (NICE), presenting authoritative clinical coverage of diabetes in an accessible format with rich pedagogical features. Five new chapters provide detailed coverage of liver disease, diabetes education, bariatric surgery, diabetes and cancer, and the use of incretin-based therapies and SGLT2 Inhibitors in the management of Type II diabetes. Updated and expanded topics include the relation between hypoglycaemia and dementia, anxiety and depression, the NICE Quality and Outcomes Framework (QOF), and the impacts of diabetes to self-care, mental health, and decision-making. Provides a wealth of pedagogical features such as vignettes and case histories, important learning points, summaries of key clinical trials, and links to further readings. Handbook of Diabetes, remains the essential practical companion for all health professionals involved in managing patients with diabetes, and an up-to-date reference for diabetes and endocrinology researchers, scientists, and academics.

Now in its fifth edition, the Textbook of Diabetes has established itself as the modern, well-illustrated, international guide to diabetes. Sensibly organized and easy to navigate, with exceptional illustrations, the Textbook hosts an unrivalled blend of clinical and scientific content. Highly-experienced editors from across the globe assemble an outstanding set of international contributors who provide insight on new developments in diabetes care and information on the latest treatment modalities used around the world. The fifth edition features an array of brand new chapters, on topics including: Ischaemic Heart Disease Glucagon in Islet Regulation Microbiome and Diabetes Diabetes and Non-Alcoholic Fatty Liver Disease Diabetes and Cancer End of Life Care in Diabetes as well as a new section on Psychosocial aspects of diabetes. In addition, all existing chapters are fully revised with the very latest developments, including the most recent guidelines from the ADA, EASD, DUK and NICE. Includes free access to the Wiley Digital Edition providing search across the book, the full reference list with web links, illustrations and photographs, and post-publication updates. Via the companion website, readers can access a host of additional online materials such as: 200 interactive MCQ's to allow readers to self-assess their clinical knowledge every figure from the book, available to download into presentations fully searchable chapter pdfs. Once again, Textbook of Diabetes provides endocrinologists and diabetologists with a fresh, comprehensive and multi-media clinical resource to consult time and time again.

Now in a revised and expanded third edition, this case-based guide emphasizes the latest investigative advances in both imag-

ing and molecular diagnostics and new treatment approaches for a wide variety of common and complex endocrine conditions. Utilizing unique clinical case histories, each main endocrine condition and disorder is curated by a senior Section Editor with an introduction to his or her area covering both physiology and pathophysiology. This introductory chapter is followed by a number of case histories written by invited experts and designed to cover the important relevant pathophysiology, following a consistent chapter format for ease of use, including bulleted objectives, case presentations, review of the diagnosis, lessons learned, and 3-5 multiple-choice review questions. Section headings include the pituitary, thyroid (overactivity, underactivity and cancer) and parathyroid, adrenal disorders, metabolic bone disease, type 2 diabetes, lipid abnormalities, obesity, and pregnancy. Topics new to this edition include PCOS, transgender medicine and the endocrine effects of viral infections. With a focus on covering major parts of the APDEM curriculum, *A Case-Based Guide to Clinical Endocrinology* remains a tremendous resource for junior and veteran clinicians alike.

Provides in-depth, clinical reviews on diabetes and prediabetes prevention and control, providing actionable insights for clinical practice. Presents the latest information on this timely, focused topic under the leadership of experienced editors in the field; Authors synthesize and distill the latest research and practice guidelines to create these timely topic-based reviews. In this issue of *Endocrinology and Metabolism Clinics*, guest editor K M Venkat Narayan brings considerable expertise to the topic of diabetes and prediabetes.

"I strongly recommend this text. Whether the reader is a relative novice or a seasoned veteran in diabetes care, the information will prove useful and concise and will likely stimulate further reading and study. House staff planning to rotate on my endocrine service should be forewarned: *Management of Diabetes Mellitus: A Guide to Pattern Management* is now required reading." --JAMA Praise for the previous edition "I recommend this book to nurses or physicians confronting patients afflicted with diabetes mellitus, as it presents a patterned approach to the understanding and management of this malady. Any patient with diabetes mellitus or health care professional using the information presented by these experts would be well prepared to manage this disease process" -
-Gloria K. Twilley, Lieutenant Colonel United States Air Force Nurse Corps The sixth edition of *Management of Diabetes Mellitus* fully reorganizes and expands upon the previous editions. While the new edition continues to set forth practical and easy-to-use guidelines for management, the newly expanded chapters contain detailed information on managing patients with different types of diabetes (type 1 and type 2), and further differentiates treatment and management strategies for various age groups. This edition also offers clear and concise explanations of the disease process, newly revised guidelines for the use of complementary and alternative therapies, and a guide for developing an educational program. Guthrie and Guthrie also stress the importance of self-management of diabetes, as much of this edition is dedicated to educating the diabetic patient on how to provide self-care, and control both acute and chronic complications of the disease. For the convenience of practitioners and diabetic patients themselves, this book contains reproducible forms, protocols, and guides that can be used for managing diabetes, including: Nutrition questionnaires Meal patterns comparing exchanges Carb Counting and Calorie Points Sample Calorie Point Distributions Exercise Log Intake Assessment Guide Clinical Practice Recommendations A guide to the "pattern approach"

Type 1 diabetes, formerly known as juvenile diabetes, is a complex disorder that requires a great deal of patient-guided self-

care. In recent years, advances in diabetes treatment have dramatically shifted potential outcomes in the favor of the patient with diabetes. The challenge for health care professionals is to realize this potential through an individualized, flexible, and responsive treatment plan for patients with type 1 diabetes. Now in its sixth edition, *Medical Management of Type 1 Diabetes* offers health care providers the newest information and guidelines for the treatment of type 1 diabetes. Built on the foundation of multiple daily insulin injections and insulin pump therapy, this book guides health care providers in helping their patients continually strive for optimal blood glucose control. This new edition focuses on the latest molecular advances, new treatment methods, recent clinical trials, and the American Diabetes Association's Standards of Care. Key topics also include new insulins and administration protocols, advanced carbohydrate counting, and emphasis on continuing patient education. Individual sections address all of the topics in managing type 1 diabetes, including: Diagnosis and Classification/Pathogenesis Diabetes Standards and Education-Tools of Therapy Special Situations Psychosocial Factors Affecting Adherence, Quality of Life, and Well-Being Complications Edited by Dr. Francine Kaufman, a widely recognized expert in the treatment of diabetes and of insulin therapy, and guided by the recognized authority of the American Diabetes Association's Standards of Care, *Medical Management of Type 1 Diabetes* is an essential addition to any clinician's library for the treatment and understanding of type 1 diabetes.

Currently, available information on pediatric and adolescent diabetes is limited to chapters in larger books covering the broader topic of pediatric endocrinology, and these do not have the space to delve into specific topics. This concise, timely book contains everything that a practicing provider needs to know in order to provide comprehensive, up-to-date care for children and adolescents with diabetes, from the latest methods for diagnosing various types of diabetes to integrating cutting-edge technology in the care of this patient population. Initial management, the use of insulin pumps, continuous glucose monitoring, and automated insulin delivery are discussed in detail, as are nutrition therapy, exercise, psychosocial challenges, acute and long-term complications, and future directions for treatment and research. Further, this book provides clinicians with guidelines for the implementation of best practices as outlined by leading associations such as the American Diabetes Association (ADA) and International Society of Pediatric and Adolescent Diabetes (ISPAD). The Yale Children's Diabetes Program has been ranked among the best in the United States, including clinicians and researchers who are world-renowned for their efforts in improving the care of children with diabetes. This wealth of knowledge and experience positions the author team well as experts in this field.

This book provides case studies accompanied by questions and commentaries for the specialist registrar in diabetes and endocrinology, to assist with problem-based learning during their training. The case studies range from the everyday to the rare and complicated, presenting a strong foundation for the specialist trainee to prepare them for their qualifying exams and, more importantly, for their future clinical consultations.

Paediatric Endocrinology and Diabetes looks at issues in children arising from either deficient or excessive production of hormones; chemical messengers secreted into the blood stream from specialised glands. It contains information on endocrine glands, diabetes and its management, and clinical problems such as short stature, puberty and obesity. Written by two senior clinicians, the fully revised second edition offers evidence-based guidance to practitioners in the field. With bullet points, illustrations and clinical tips, the information in this comprehensive handbook is easy

to access. Presented in pocket size, this it is the ideal source to have on the ward.

Diabetes and hypertension have evolved as two of the modern day epidemics affecting millions of people around the world. These two common co-morbidities lead to substantial increase in cardiovascular disease, the major cause of morbidity and mortality of adults around the world. In *Diabetes and Hypertension: Evaluation and Management*, a panel of renowned experts address a range of critical topics -- from basic concepts in evaluation and management of diabetes and hypertension, such as dietary interventions, to evaluation and management of secondary hypertension in clinical practice. Other chapters focus on high cardiovascular risk populations such as those with coronary heart disease, chronic kidney disease and minority patients. In addition, evolving concepts and new developments in the field are presented in other chapters, such as prevention of type 2 diabetes and the epidemic of sleep apnea and its implication for diabetes and hypertension evaluation and management. An important title covering two of the most troubling disorders of our time, *Diabetes and Hypertension: Evaluation and Management* will provide the busy practitioner with cutting edge knowledge in the field as well as practical information that can translate into better care provided to the high-risk population of diabetics and hypertensive patients. This issue of *Endocrinology and Metabolism Clinics*, guest edited by Dr. Sethu K. Reddy, is devoted to Diabetes. Articles in this issue include: Approach to Multicultural Issues in Diabetes; Clinical Utility of Genetic Testing in T2DM; Utility of CGM - Type 1 and Type 2 Diabetes Mellitus; Islet Cell Transplantation; Use of Telemedicine; Nonalcoholic Steatohepatitis; Microbiome: Role in Type 1 and Type 2 Diabetes Mellitus; Population Management and Diabetes; Pre-diabetes; Metformin: What do we know?; Insulin: Making Sense of Current Options; Nutrition in Diabetes; Bariatric Surgery: Pathophysiology and Outcomes; Future Therapies in Diabetes; Lipodystrophic Syndromes; and In-patient Diabetes Management in the 21st Century.

Intended for diabetes researchers and medical professionals who work closely with patients with diabetes, this newly updated and expanded edition provides new perspectives and direct insight into the causes and consequences of this serious medical condition from one of the foremost experts in the field. Using the latest scientific and medical developments and trends, readers will learn how to identify, prevent, and treat this challenging phenomenon within the parameters of the diabetes care regimen.

This new edition of the popular and market-leading *Diabetes in Old Age* features up-to-date and comprehensive information about the key aspects of managing older people with diabetes, predominantly type 2 diabetes. With a strong evidence-based focus throughout, the entire range of issues surrounding diabetes and its many complications are covered, each with a clear focus on how they relate directly to the older patient. Varying approaches to optimizing diabetes care in the community, primary care and secondary care health care arenas are presented, and the importance of comprehensive functional assessment is emphasized. Coverage of areas unique to an ageing population of older people with diabetes such as falls management, frailty and sarcopenia, and cognitive dysfunction form a key cornerstone of the book. In every chapter, best practice points and key learning outcomes are provided, as well as published evidence bases for each major conclusion. *Diabetes in Old Age*, 4th edition is essential reading for diabetologists and endocrinologists, diabetes specialist nurses, primary care physicians, general physicians and geriatricians, podiatrists and dieticians with an interest in diabetes, as well as all health professionals engaged in the delivery of diabetes care to older people.

Of all the complications which arise from diabetes, cardiovascular complications are by far the most prevalent and the most deadly. Authored by some of the world's leading names in this area, this outstanding book provides all those managing diabetic patients with clinical, practical and succinct guidance to the diagnosis and management of cardiovascular complications in diabetes. With a joint endocrinology and cardiology focus, and with the very latest in clinical guidelines from the ADA, EASD, AHA, ASC and ESC, selected highlights include: The role of new biomarkers of cardiovascular disease in diabetes The latest on diagnosis of cardiovascular problems via vascular imaging Hypertension and cardiovascular disease in the diabetic patient Dyslipidaemia and its management in type 2 diabetes Management of thrombosis, acute coronary syndrome and peripheral arterial disease in diabetes Key points, case studies and self-assessment questions allow for rapid-reference, quick understanding of all topics, thus ensuring that this is perfect reading for endocrinologists, diabetes specialists and cardiologists of all levels managing patients with diabetes and associated cardiovascular problems.

This book covers the complexity of diabetes and related complications and presents the socio-economic burden of the disease, taking into account the rising prevalence reaching pandemic proportions and the associated costs. Factors causing high diabetes prevalence and the influence of the pharmaceutical industry are evaluated and solutions for sustainable diabetes care with limited resources are provided, including national focus on providing cost-effective diabetes treatment, nutrition and physical activity, structured diabetes education and centralized National e-Health System. Moreover, elaboration of long-term efforts to curb the diabetes burden through prevention activities are presented in this book. *Managing Diabetes in Low Income Countries* represents an essential guide for diabetes care clinicians and researchers, medical students and clinicians in training, diabetes policy makers, regulatory authorities, international diabetes and patient organisations all of whom are involved in current clinical practice for diabetes management.

The revised and updated fourth edition of *Practical Endocrinology and Diabetes in Children* offers a practical, highly clinical and up-to-date handbook of paediatric endocrinology and diabetes. The book is written in clear terms and offers a user-friendly format that is designed to be concise, yet comprehensive.. The international panel of expert contributors explore the range of endocrine disorders in children including growth, thyroid, adrenal and problems related to puberty.

GUIDELINES PocketGuides(TM) are a spiral-bound guide containing society-endorsed consensus-based treatment guidelines in a brief algorithmic format that is most preferred by practicing clinicians, quality managers, nurses, educators, and medical students. It is endorsed by the American Association of Clinical Endocrinologists (AACE) and the American College of Endocrinology (ACE), and is based on their latest guidelines. This practical quick-reference tool contains screening, diagnosis, treatment, and drug therapy and dosing information, along with patient counseling points. It provides all that is needed to make accurate clinical decisions at the point of care including key points; screening criteria; treatment algorithm; insulin options; treatment modules for glycemia, hypertension, cardiovascular, lipids, renal disease, neuropathy, foot care, and eye care; current medication tables with brand and generic names; detailed drug information including strengths, formulations, risks, benefits, and comments. Applications include point-of-care, education, QI interventions, clinical trials, medical reference, and clinical research.

Abstract: A comprehensive text discusses the current state of knowledge on the physiology of glucose homeostasis, the various

metabolic disturbances that result in hypoglycemia, and clinical features of the various hypoglycemic syndromes. The 9 chapters present information for medical students, practitioners, internists, and other health professionals. Topics covered include: physiological and pathological considerations; infant and child hypoglycemia; clinical aspects and diagnosis in adults; insulinoma; and various types of hypoglycemias (e.g., drug-induced; factitial and autoimmune; resulting from liver, kidney, or endocrine disorders; reactive types). Numerous figures, and references are given throughout the text. (wz).

Intensive diabetes management is the process by which blood glucose levels are closely controlled using multiple daily insulin injections or an insulin pump. Intensive Diabetes Management is geared toward the health care practitioner who wants to implement this method in his or her patients. Now in its seventh edition, this authoritative text includes the latest advances in research and therapy. The data, guidelines, and procedures reflect the latest positions of the American Diabetes Association's standards of care. Although difficult to maintain, intensive diabetes management has proven very effective and is now the rule, rather than the exception, in diabetes care. People who use this method of diabetes management must be closely aligned with their health care team and highly motivated because it not only requires close scrutiny of blood glucose levels, but also constant monitoring of food intake and medication dosage, among other things. Virtually all patients with type 1 or type 2 diabetes can improve their glycemic control and overall health through intensive diabetes management. Intensive Diabetes Management emphasizes a team approach to patient care and offers guidance in helping patients move toward treatment goals appropriate for their individual skills and medical condition. Individual sections address all of the key topics in intensive diabetes management, including

rationale/physiological basis, team approach, education, psychosocial issues, patient selection/goals of therapy, insulin regimens, insulin pump therapy, monitoring, and nutrition management.

The World's Leading Experts Provide all the 'Essentials' Needed to Manage Patients in the Office, On the Ward, and in the Intensive Care Unit! Diabetes Essentials incorporates the latest guidelines and trials into a practical, concise, authoritative guide To The diagnosis, evaluation, prevention, and management of type 2 diabetes, The most prevalent form of the disease. Topics include: ADA and AHA/ACC guideline updates Step-by-step guide to intensive glycemic control Treatment of diabetic complications, hypertension, and dyslipidemia 20 diabetes drug summaries

The Guidelines Pocketcard is a 4 x 7 inch spiral-bound pocketcard containing society-endorsed, evidence-based treatment guidelines in a brief algorithmic format that is most preferred by practicing clinicians, quality managers, nurses, educators, and medical students. The Diabetes Mellitus Comprehensive Care GUIDELINES Pocketcard is endorsed by the American Association of Clinical Endocrinologists (AACE) and is based on the latest AACE guidelines. It includes classification of diabetes, prevention measures, diagnosis and assessment including risk factors, comprehensive treatment recommendations including details of all available agents, doses, mechanisms of action and comments, insulin pharmacokinetics, management of complications, and detailed treatment goals. It provides all that is needed to make accurate clinical decisions at the point of care including classification; prevention; diagnosis and assessment; selecting a treatment regimen; detailed treatment goals; management of complications; insulin pharmacokinetics; and comprehensive drug information including all available products, doses, mechanisms, and comments. Applications include point-of-care, education, QI interventions, clinical trials, medical reference, and clinical research.