
Download File PDF Feminist Life Stories Twelve Journeys Come Together At A

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At last Betty Friedan herself speaks about her life and career. With the same unsparing frankness that made *The Feminine Mystique* one of the most influential books of our era, Friedan looks back and tells us what it took -- and what it cost -- to change the world. Betty Friedan's *The Feminine Mystique*, published in 1963, started the women's movement it sold more than four million copies and was recently named one of the one hundred most important books of the century. In *Life So Far*, Friedan takes us on an intimate journey through her life -- a lonely childhood in Peoria, Illinois salvation at Smith College her days as a labor reporter for a union newspaper in New York (from which she was dismissed when she became pregnant) unfulfilling and painful years as a suburban housewife finding great joy as a mother and writing *The Feminine Mystique*, which grew out of a survey of her Smith classmates and started it all. Friedan chronicles the secret underground of women in Washington, D.C., who drafted her in the early 1960s to spearhead an "NAACP" for women, and recounts the courage of many, including some Catholic nuns who played a brave part in those early days of NOW, the National Organization for Women. Friedan's feminist thinking, a philosophy of evolution, is reflected throughout her book. She recognized early that the women's movement would falter if institutions did not change to reflect the new realities of women's lives, and she fought to keep the movement practical and free of extremism, including "man-hating." She describes candidly the movement's political infighting that brought her to the point of legal action and resulted in a long breach with fellow leaders Gloria Steinem and Bella Abzug. Friedan is frank about her twenty-two-year marriage to Carl Friedan, an advertising entrepreneur. She writes about the explosive cycle of drinking, arguing, and physical battering she endured and explores her prolonged inability to leave the marriage. (They are now friends and the grandparents of nine.) Friedan was not only pivotal in the founding of NOW, she was also the driving force behind the creation of the National Abortion and Reproductive Rights Action League (NARAL), the National Women's Political Caucus (NWPC), and the First Women's Bank and Trust Company. She made history by introducing the issue of sex discrimination as an argument against the ratification of a Supreme Court nominee. She convinced the Secretary General of the United Nations to declare 1975 the International Year of the Woman. In this volume, Friedan brings to extraordinary life her bold and contentious leadership in the movement. She lectures, writes, leads think tanks, and organizes women and men to work together in political, legal, and social battles on behalf of women's rights.--From publisher description.

This autobiography includes a story of a woman who went through many trials and tribulations in her

life both good and bad. In this book, you will get to know this author up close and personal. This book is about a woman whose life you might say is described as a roller coaster with the ups and downs in her life. Even with the hell she endured in the hands of her abusive husband and the mental, physical, and emotional abuse she went through for more than twelve years, she was able to get on with her life to raise three kids. Another trial she went through was the loss of her son at the tender age of twelve. Yet this woman has raised three beautiful kids. She inspires many other women who might be going through a similar situation to never give up and always have faith.

These are strange times. Climate crises. Health crises. Collapsing systems. Influencers. And yes - Jordan Peterson. We are currently living in a (Post) Peterson Paradigm. This book - *12 Rules for (Academic) Life* - explores what has happened to teaching, learning and politics through this odd and chaotic intervention. Deploying feminism, this lens and theory offers a glass-sharpened view of this moment in international higher education. It is organized through twelve mantras for higher education in this interregnum, and offers new, radical, edgy and passionate methodologies, epistemologies and ontologies for a University sector searching for a purpose. This is a feminist book which targets a feminist audience, both inside and outside higher education. It presents a clear focus on how this Peterson moment can be managed and challenged, when in future such academics deploy social media in this way. This book is also a part of higher education studies, exploring the role of the public / critical / dissenting / organic intellectual in debates about the political economy, identity/politics and leadership. A question of our time - through a climate emergency, a pandemic and polarized politics - is why Professor Jordan Peterson gained profile and notoriety. The Jordan Peterson moment commenced in September 2016 with his YouTube video, "Professor against political correctness," and concluded with his debate with Slavoj Žižek on April 19, 2019. From this moment, his credibility was dented, if not destroyed. Jordan Peterson infused scholarly debates with Punch and Judy extremism and misunderstandings. Instead, this book offers research rather than certainty, interpretation rather than dogma, evidence rather than opinion, and theory rather than 'moral truth.' The goal is to recalibrate this (Post) Peterson Paradigm, to take stock of how this moment occurred, and how to create a revision of higher education.

A candid, feminist, and personal deep dive into the science and culture of pregnancy and motherhood Like most first-time mothers, Angela Garbes was filled with questions when she became pregnant. What exactly is a placenta and how does it function? How does a body go into labor? Why is breast best? Is wine totally off-limits? But as she soon discovered, it's not easy to find satisfying answers. Your obstetrician will cautiously quote statistics; online sources will scare you with conflicting

and often inaccurate data; and even the most trusted books will offer information with a heavy dose of judgment. To educate herself, the food and culture writer embarked on an intensive journey of exploration, diving into the scientific mysteries and cultural attitudes that surround motherhood to find answers to questions that had only previously been given in the form of advice about what women ought to do—rather than allowing them the freedom to choose the right path for themselves. In *Like a Mother*, Garbes offers a rigorously researched and compelling look at the physiology, biology, and psychology of pregnancy and motherhood, informed by in-depth reportage and personal experience. With the curiosity of a journalist, the perspective of a feminist, and the intimacy and urgency of a mother, she explores the emerging science behind the pressing questions women have about everything from miscarriage to complicated labors to postpartum changes. The result is a visceral, full-frontal look at what's really happening during those nine life-altering months, and why women deserve access to better care, support, and information. Infused with humor and born out of awe, appreciation, and understanding of the female body and its strength, *Like a Mother* debunks common myths and dated assumptions, offering guidance and camaraderie to women navigating one of the biggest and most profound changes in their lives.

Discover the extraordinary life and profound contributions of Merlin Stone, the renowned feminist, author, artist, historian, and speaker. With unparalleled access to Merlin's unpublished writings, photos, and personal stories, *Merlin Stone Remembered* is a significant contribution to women's studies, spirituality, and the ongoing struggle for gender equality. Known for her groundbreaking book *When God Was a Woman*, Merlin Stone was a pioneer of the Women's Movement and the reclaiming of the Great Goddess tradition of the Western world. In this phenomenal book, new light is shed upon Merlin's philosophy and methodology as you take a memorable journey through her life. Includes over sixty photos and a twelve-page color insert. Praise: 2015 COVR Award winner for Autobiographical and Biographical Books 2014 Florida Book Award Winner for General Non-Fiction "It is so great to remember Merlin . . . to have so much detail about her life and her work."—Olympia Dukakis, Oscar-winning actress and author "A fascinating, intimate look at the life of Merlin Stone."—Starhawk, author of *The Spiral Dance* "A touching tribute to a remarkable woman."—Barbara G. Walker, author of *The Woman's Encyclopedia of Myths and Secrets* "Amazing, heartfelt, funny, romantic, and an enduring testament to a woman who changed the world."—Susun S. Weed, author of the *Wise Woman Herbal* series "A beautiful work of love . . . celebrating the life of Merlin Stone, [including] Lenny's loving memoir of his years with this extraordinary woman—a delight to read!"—Miriam Robbins Dexter, Ph.D., author of *Whence the Goddesses: A Source Book* "This book is paradigm-shifting. It should be read by all those who yearn for miracles, as well as by those who still need proof to believe that they are possible. It gives us hope for the regeneration of compassionate and nurturing relations between all forms of interconnected life on our planet, now and in the future."—Gloria Orenstein, Prof. Emerita, Comparative Literature and Gender Studies, University of Southern California, Los Angeles "A lovely and loving tribute to the late Merlin Stone, a foremother of Goddess feminism . . . What a gift to those of us familiar with Stone's work, as well as those who want to know more about her life, both personal and professional."—Judith Laura, author of *Goddess Spirituality for the 21st Century: From Kabbalah to Quantum Physics* "Merlin Stone is a great inspiration for those of us who want to know not just about history, but also about herstory. Her [work] continues to influence the Goddess

movement today. Her life partner Lenny was an inspiration for her and this book about Merlin's life will inspire many."—Linda Perry Barr, Journalist, WBAI News, Pacifica Radio, New York "A beautifully crafted tribute to a remarkable person. Merlin Stone, a pioneering scholar of the Women's Spirituality movement, figured it all out early on and made the case. Even more, she was gracious and kind."—Charlene Spretnak, author of *Lost Goddesses of Early Greece*

Why do men do so little at home? Why do women do so much? Why don't our egalitarian values match our lived experiences? Journalist-turned-psychologist Darcy Lockman offers a clear-eyed look at the most pernicious problem facing modern parents—how progressive relationships become traditional ones when children are introduced into the household. In an era of seemingly unprecedented feminist activism, enlightenment, and change, data shows that one area of gender inequality stubbornly persists: the disproportionate amount of parental work that falls to women, no matter their background, class, or professional status. *All the Rage* investigates the cause of this pervasive inequity to answer why, in households where both parents work full-time and agree that tasks should be equally shared, mothers' household management, mental labor, and childcare contributions still outweigh fathers'. How, in a culture that pays lip service to women's equality and lauds the benefits of father involvement—benefits that extend far beyond the well-being of the kids themselves—can a commitment to fairness in marriage melt away upon the arrival of children? Counting on male partners who will share the burden, women today have been left with what political scientists call unfulfilled, rising expectations. Historically these unmet expectations lie at the heart of revolutions, insurgencies, and civil unrest. If so many couples are living this way, and so many women are angered or just exhausted by it, why do we remain so stuck? Where is our revolution, our insurgency, our civil unrest? Darcy Lockman drills deep to find answers, exploring how the feminist promise of true domestic partnership almost never, in fact, comes to pass. Starting with her own marriage as a ground zero case study, she moves outward, chronicling the experiences of a diverse cross-section of women raising children with men; visiting new mothers' groups and pioneering co-parenting specialists; and interviewing experts across academic fields, from gender studies professors and anthropologists to neuroscientists and primatologists. Lockman identifies three tenets that have upheld the cultural gender division of labor and peels back the ways in which both men and women unintentionally perpetuate old norms. If we can all agree that equal pay for equal work should be a given, can the same apply to unpaid work? Can justice finally come home?

To journey into the pages of this book is to journey into the colourful world of Chinese and Chinese-American culture, into slivers of history, into gender politics, into myth and, perhaps, even into ourselves. In the private struggles and triumphs of Pearl S. Bucks and Amy Tans women characters, in their quest to re-frame and re-define themselves and their lives, echo the universal experience of women in time and space: the stories of love and loss, the yearnings and heartaches, the joys and sorrows, the laughter and the tears and, above all, their quiet strength and resilience in the face of great odds and injustices that, more often than not, have marked the female experience through generations. The book will, no doubt, strike a chord in the hearts of the readers and offer a fascinating insight into the heart of a woman's world and, what it is to be a woman. Pearl S. Buck and Amy Tan, the two authors revisited in this book, may both be described as writers who have, in their own ways, written about the lives of women. Through their work, they challenged patriarchal assump-

tions about women, by attempting to fashion a distinctive feminine voice that allows for the articulation of women's experiences in their own voices, and /or through the female perspective. This book takes a re-look at the women characters in select novels of these two writers, examining and analyzing their experiences and subjectivities as they journey in quest of the self. Special attention is drawn to the role of stories/storytelling as a potent means of female expression and of bridging multifarious human divides. The urgency of reframing and reinterpreting popular myths as a way of critiquing and changing mindsets (where these need to be changed), is also explored in depth. The book is, therefore, a critical and insightful study of the works of two women that, although written in different periods, yet, intersect in these pages. The novels studied are those relating specifically to China and the Chinese/Chinese-American experience, the main subject being the Chinese woman, both in her own local space as well as outside of it. Storytelling enables the transmission and perpetuation of values, culture and history which, [as depicted here], are crucial to self-knowledge, and to an understanding of one's place and identity in the universe. The self that is represented in these novels [therefore], is not a self in isolation, but a self that is a part and parcel of the human tapestry where race, gender, culture and history meet and intersect.

The book that changed the consciousness of a country—and the world. Landmark, groundbreaking, classic—these adjectives barely describe the earthshaking and long-lasting effects of Betty Friedan's *The Feminine Mystique*. This is the book that defined "the problem that has no name," that launched the Second Wave of the feminist movement, and has been awakening women and men with its insights into social relations, which still remain fresh, ever since. A national bestseller, with over 1 million copies sold.

When did you know you were a feminist? Whether it was a scene in a television show, an experience in school, or a specific day at work, many women can point to a particular moment in which they knew-or realized-they were feminists. Accomplished young authors Courtney E. Martin and J. Courtney Sullivan offer a look at feminism in the lives of young women-and tackle the questions of what made them feminists, how they came to define themselves as feminists, and how that identity has shifted and grown over time. *Click* features a range of women, including Amy Richards, Shelby Knox, Winter Miller, Allisa Quart, Rebecca Traister, Jennifer Baumgardner, and Debbie Siegel, each sharing their self-defining and personal stories. Sometimes emotional, sometimes humorous, each of these stories offers something to which other women can relate. In a time of feminist reflection, Martin and Sullivan offer a look at feminism for the under-forty set.

"[A]ffectingly personal, achingly earnest, and something close to necessary." —Vogue "Personal, convincing, unflinching." —Tablet From an author who's been called "one of the most emotionally exacting, mercilessly candid, deeply funny, and intellectually rigorous writers of our time" (Cheryl Strayed, #1 New York Times bestselling author) comes a seminal book that reaches surprising truths about feminism, the Trump era, and the Resistance movement. You won't be able to stop thinking and talking about it. In this gripping work, Meghan Daum examines our country's most intractable problems with clear-eyed honesty instead of exaggerated outrage. With passion, humor, and personal reflection, she tries to make sense of the current landscape—from Donald Trump's presidency to the #MeToo movement and beyond. In the process, she wades into the waters of identity politics and intersectionality, thinks deeply about campus politics and notions of personal resilience, and

tests a theory about the divide between Gen Xers and millennials. This signature work may well be the first book to capture the essence of this era in all its nuances and contradictions. No matter where you stand on its issues, this book will strike a chord.

NEW YORK TIMES BESTSELLER • Gloria Steinem—writer, activist, organizer, and inspiring leader—tells a story she has never told before, a candid account of her life as a traveler, a listener, and a catalyst for change. ONE OF O: THE OPRAH MAGAZINE'S TEN FAVORITE BOOKS OF THE YEAR | NAMED ONE OF THE BEST BOOKS OF THE YEAR BY Harper's Bazaar • St. Louis Post-Dispatch • Publishers Weekly When people ask me why I still have hope and energy after all these years, I always say: Because I travel. Taking to the road—by which I mean letting the road take you—changed who I thought I was. The road is messy in the way that real life is messy. It leads us out of denial and into reality, out of theory and into practice, out of caution and into action, out of statistics and into stories—in short, out of our heads and into our hearts. Gloria Steinem had an itinerant childhood. When she was a young girl, her father would pack the family in the car every fall and drive across country searching for adventure and trying to make a living. The seeds were planted: Gloria realized that growing up didn't have to mean settling down. And so began a lifetime of travel, of activism and leadership, of listening to people whose voices and ideas would inspire change and revolution. *My Life on the Road* is the moving, funny, and profound story of Gloria's growth and also the growth of a revolutionary movement for equality—and the story of how surprising encounters on the road shaped both. From her first experience of social activism among women in India to her work as a journalist in the 1960s; from the whirlwind of political campaigns to the founding of *Ms.* magazine; from the historic 1977 National Women's Conference to her travels through Indian Country—a lifetime spent on the road allowed Gloria to listen and connect deeply with people, to understand that context is everything, and to become part of a movement that would change the world. In prose that is revealing and rich, Gloria reminds us that living in an open, observant, and "on the road" state of mind can make a difference in how we learn, what we do, and how we understand each other. Praise for *My Life on the Road* "This legendary feminist makes a compelling case for traveling as listening: a way of letting strangers' stories flow, as she puts it, 'out of our heads and into our hearts.'"—People "Like Steinem herself, [*My Life on the Road*] is thoughtful and astonishingly humble. It is also filled with a sense of the momentous while offering deeply personal insights into what shaped her."—O: The Oprah Magazine "A lyrical meditation on restlessness and the quest for equity . . . Part of the appeal of *My Life* is how Steinem, with evocative, melodic prose, conveys the air of discovery and wonder she felt during so many of her journeys. . . . The lessons imparted in *Life on the Road* offer more than a reminiscence. They are a beacon of hope for the future."—USA Today "A warmly companionable look back at nearly five decades as itinerant feminist organizer and standard-bearer. If you've ever wondered what it might be like to sit down with Ms. Steinem for a casual dinner, this disarmingly intimate book gives a pretty good idea, mixing hard-won pragmatic lessons with more inspirational insights."—The New York Times "Steinem rocks. *My Life on the Road* abounds with fresh insights and is as populist as can be."—The Boston Globe

A life-changing journey from the wasteland of modern society to a place of nourishment and connection. Fifth anniversary edition, with new afterword for 2021. 'Mind-blowing. An anthem for all we could be . . . I sincerely hope every woman who can read has the time and space to read it.' Manda

Scott, author of *Boudica* and *A Treachery of Spies* 'This is the core of our task: to respect and revere ourselves, and so bring about a world in which women are respected and revered, recognised once again as holding the life-giving power of the earth itself.' *If Women Rose Rooted* has been described as both transformative and essential. Sharon Blackie leads the reader on a quest to find their place in the world, drawing inspiration from the wise and powerful women in native mythology, and guidance from contemporary role models who have re-rooted themselves in land and community and taken responsibility for shaping the future. Beautifully written, honest and moving, *If Women Rose Rooted* is a passionate song to a different kind of femininity, a rallying, feminist cry for the rewilding of womanhood; reclaiming our role as guardians of the land. 'Powerful and inspiring.' Melissa Harrison, author of *All Among the Barley*

A Los Angeles Times columnist recounts her eighteen-month undercover stint as a man, a time during which she underwent considerable personal risks as she worked a sales job, joined a bowling league, frequented sex clubs, dated, and encountered firsthand the rigid codes and rituals of masculinity. 80,000 first printing.

Sure to take its place alongside the literary landmarks of modern feminism, Elaine Showalter's brilliant, provocative work chronicles the roles of feminist intellectuals from the eighteenth century to the present. With sources as diverse as *A Vindication of the Rights of Woman* and *Scream 2*, *Inventing Herself* is an expansive and timely exploration of women who possess a boundless determination to alter the world by boldly experiencing love, achievement, and fame on a grand scale. These women tried to work, travel, think, love, and even die in ways that were ahead of their time. In doing so, they forged an epic history that each generation of adventurous women has rediscovered. Focusing on paradigmatic figures ranging from Mary Wollstonecraft and Margaret Fuller to Germaine Greer and Susan Sontag, preeminent scholar Elaine Showalter uncovers common themes and patterns of these women's lives across the centuries and discovers the feminist intellectual tradition they embodied. The author brilliantly illuminates the contributions of Eleanor Marx, Zora Neale Hurston, Simone de Beauvoir, Margaret Mead, and many more. Showalter, a highly regarded critic known for her provocative and strongly held opinions, has here established a compelling new *Who's Who* of women's thought. Certain to spark controversy, the omission of such feminist perennials as Susan B. Anthony, Eleanor Roosevelt, and Virginia Woolf will surprise and shock the conventional wisdom. This is not a history of perfect women, but rather of real women, whose mistakes and even tragedies are instructive and inspiring for women today who are still trying to invent themselves.

Outercourse brilliantly recounts Daly's debunking of patriarchal thought and blazes new paths to freedom by enabling women to Discover the hidden connections that make Sense of their Lives.

Hailed as a classic of speculative fiction, Marge Piercy's landmark novel is a transformative vision of two futures—and what it takes to will one or the other into reality. Harrowing and prescient, *Woman on the Edge of Time* speaks to a new generation on whom these choices weigh more heavily than ever before. Connie Ramos is a Mexican American woman living on the streets of New York. Once ambitious and proud, she has lost her child, her husband, her dignity—and now they want to take her sanity. After being unjustly committed to a mental institution, Connie is contacted by an envoy from the year 2137, who shows her a time of sexual and racial equality, environmental purity, and unprecedented self-actualization. But Connie also bears witness to another potential outcome: a socie-

ty of grotesque exploitation in which the barrier between person and commodity has finally been eroded. One will become our world. And Connie herself may strike the decisive blow. Praise for *Woman on the Edge of Time* "This is one of those rare novels that leave us different people at the end than we were at the beginning. Whether you are reading Marge Piercy's great work again or for the first time, it will remind you that we are creating the future with every choice we make."—Gloria Steinem "An ambitious, unusual novel about the possibilities for moral courage in contemporary society."—The Philadelphia Inquirer "A stunning, even astonishing novel . . . marvelous and compelling."—Publishers Weekly "Connie Ramos's world is cuttngly real."—Newsweek "Absorbing and exciting."—The New York Times Book Review

Differences That Matter challenges existing ways of theorising the relationship between feminism and postmodernism which ask 'is or should feminism be modern or postmodern?' Sara Ahmed suggests that postmodernism has been allowed to dictate feminist debates and calls instead for feminist theorists to speak (back) to postmodernism, rather than simply speak on (their relationship to) it. Such a 'speaking back' involves a refusal to position postmodernism as a generalisable condition of the world and requires closer readings of what postmodernism is actually 'doing' in a variety of disciplinary contexts. Sara Ahmed hence examines constructions of postmodernism in relation to rights, ethics, subjectivity, authorship, meta-fiction and film.

One of the foremost Native writers in North America, Lee Maracle links her First Nations heritage with feminism in this visionary book. "Maracle has created a book of true wisdom, intense pride, sisterhood and love." -Milestones Review

This book is about twelve women who, in the course of their lives, challenged an exploitative status quo, and worked, independently and together, to build a movement for women's emancipation in India. These are extraordinary stories of extraordinary lives.

NATIONAL BESTSELLER WINNER OF THE BOOKER PRIZE "A must-read about modern Britain and womanhood . . . An impressive, fierce novel about the lives of black British families, their struggles, pains, laughter, longings and loves . . . Her style is passionate, razor-sharp, brimming with energy and humor. There is never a single moment of dullness in this book and the pace does not allow you to turn away from its momentum." —Booker Prize Judges Bernardine Evaristo is the winner of the 2019 Booker Prize and the first black woman to receive this highest literary honor in the English language. *Girl, Woman, Other* is a magnificent portrayal of the intersections of identity and a moving and hopeful story of an interconnected group of Black British women that paints a vivid portrait of the state of contemporary Britain and looks back to the legacy of Britain's colonial history in Africa and the Caribbean. The twelve central characters of this multi-voiced novel lead vastly different lives: Amma is a newly acclaimed playwright whose work often explores her Black lesbian identity; her old friend Shirley is a teacher, jaded after decades of work in London's funding-deprived schools; Carole, one of Shirley's former students, is a successful investment banker; Carole's mother Bummi works as a cleaner and worries about her daughter's lack of rootedness despite her obvious achievements. From a nonbinary social media influencer to a 93-year-old woman living on a farm in Northern England, these unforgettable characters also intersect in shared aspects of their identities, from age to race to sexuality to class. Sparkingly witty and filled with emotion, centering voices we often see othered, and written in an innovative fast-moving form that borrows technique from poetry, *Girl,*

Woman, Other is a polyphonic and richly textured social novel that shows a side of Britain we rarely see, one that reminds us of all that connects us to our neighbors, even in times when we are encouraged to be split apart.

Contemporary Feminist Life-Writing is the first volume to identify and analyse the 'new audacity' of recent feminist writings from life. Characterised by boldness in both style and content, willingness to explore difficult and disturbing experiences, the refusal of victimhood, and a lack of respect for traditional genre boundaries, new audacity writing takes risks with its author's and others' reputations, and even, on occasion, with the law. This book offers an examination and critical assessment of new audacity in works by Katherine Angel, Alison Bechdel, Marie Calloway, Virginie Despentes, Tracey Emin, Sheila Heti, Juliet Jacques, Chris Krauss, Jana Leo, Maggie Nelson, Vanessa Place, Paul Preciado, and Kate Zambreno. It analyses how they write about women's self-authorship, trans experiences, struggles with mental illness, sexual violence and rape, and the desire for sexual submission. It engages with recent feminist and gender scholarship, providing discussions of vulnerability, victimhood, authenticity, trauma, and affect.

From the New York Times bestselling author of Let's Take the Long Way Home comes a moving memoir about how the women's movement revolutionized and saved her life, from the 1960s to the #MeToo era. In a voice as candid as it is evocative, Gail Caldwell traces a path from her west Texas girlhood through her emergence as a young daredevil, then as a feminist—a journey that reflected seismic shifts in the culture itself. Caldwell's travels took her to California and Mexico and dark country roads, and the dangers she encountered were rivaled only by the personal demons she faced. Bright Precious Thing is the captivating story of a woman's odyssey, her search for adventure giving way to something more profound: the evolution of a writer and a woman, a struggle to embrace one's life as a precious thing. Told against a contrasting backdrop of the present day, including the author's friendship with a young neighborhood girl, Bright Precious Thing unfolds with the same heart and narrative grace of Caldwell's Let's Take the Long Way Home, called "a lovely gift to readers" by The Washington Post. Bright Precious Thing is a book about finding, then protecting, what we cherish most.

Countless books have chronicled the life of Elizabeth Taylor, but rarely has her career been examined from the point of view of her on-screen persona. That persona, argues M. G. Lord, has repeatedly introduced a broad audience to feminist ideas. In her breakout film, "National Velvet" (1944), Taylor's character challenges gender discrimination: Forbidden as a girl to ride her beloved horse in an important race, she poses as a male jockey. Her next milestone, "A Place in the Sun" (1951), can be seen as an abortion rights movie—a cautionary tale from a time before women had ready access to birth control. In "Butterfield 8" (1960), for which she won an Oscar, Taylor isn't censured because she's a prostitute, but because she chooses the men: she controls her sexuality, a core tenet of the third-wave feminism that emerged in the 1990s. Even "Who's Afraid of Virginia Woolf?" (1966) depicts the anguish that befalls a woman when the only way she can express herself is through her husband's stalled career and children. Other of Taylor's performances explore similar themes. The legendary actress lived her life defiantly in public—undermining post-war reactionary sex roles; helping directors thwart the Hollywood Production Code, which restricted film content from 1934 to 1966; fund-raising for AIDS research in the 1980s; championing the right of people to love whomever they

love, regardless of gender. Yet her powerful feminist impact has been hidden in plain sight. Drawing on unpublished letters and scripts, and on interviews with Kate Burton, Gore Vidal, Austin Pendleton, Kevin McCarthy, Liz Smith, and others, The Accidental Feminist will surprise readers with its originality, adding a startling dimension to the star's enduring mystique.

In her final novel, "a beautiful and devastating examination of family, society and race" (The New York Times), Dorothy West offers an intimate glimpse into the Oval, a proud, insular community made up of the best and brightest of the East Coast's Black bourgeoisie on Martha's Vineyard in the 1950s. Within this inner circle of "blue-vein society," we witness the prominent Coles family gather for the wedding of the loveliest daughter, Shelby, who could have chosen from "a whole area of eligible men of the right colors and the right professions." Instead, she has fallen in love with and is about to be married to Meade Wyler, a white jazz musician from New York. A shock wave breaks over the Oval as its longtime members grapple with the changing face of its community. With elegant, luminous prose, Dorothy West crowns her literary career by illustrating one family's struggle to break the shackles of race and class.

Life and Other Shortcomings is a collection of linked short stories that takes the reader from New Orleans to New York City to Madrid, and from 1970 to the present day. The women in these twelve stories make a number of different choices: some work, others don't; some stay married, some get divorced; others never marry at all. Through each character's intimate journey, specific truths are revealed about what it means to be a woman—in relationship with another person, in a particular culture and era—and how these conditions ultimately affect her relationship with herself. The stories as a whole depict patriarchy, showing what still might be, but certainly what was, for some women in this country before the #MeToo movement. Both a cautionary tale and a captivating window into women's lives, Life and Other Shortcomings is required reading for anyone interested in an honest, incisive, and compelling portrayal of the female experience.

"[Fit at Mid-Life] reinforces the message that fitness can and should be for everyone, no matter their age, size, gender, or ability." --SELF What if you could be fitter now than you were in your twenties? And what if you could achieve it while feeling more comfortable and confident in your body? In Fit at Mid-Life, bloggers and philosophy professors Samantha Brennan and Tracy Isaacs share the story of how they got the fittest they'd ever been by age 50—and how you can, too. Their approach to fitness is new and different—it champions strength, health, and personal accomplishment over weight loss and aesthetics—and explores the many challenges, questions, and issues women face when seeking fitness in their forties, fifties, and beyond. Drawing from the latest research, Brennan and Isaac deliver a wealth of concrete advice on everything from how to keep bones strong to what types of fitness activities give the biggest returns. Taking a feminist perspective, they also challenge society's default whats, whys, and hows of every aspect of getting fit to show how women can best take charge of their health—no matter what their shape, size, age, or ability. "Fit at Mid-Life combines personal stories with scientific evidence, feminist reflections and how-to advice for both women and men who don't want fitness to fade away in their middle years."--The Toronto Star

A Journey is a short story by Edith Wharton. Edith Wharton (born Edith Newbold Jones; January 24, 1862 – August 11, 1937) was a Pulitzer Prize-winning American novelist, short story writer, and designer. She was nominated for the Nobel Prize in Literature in 1927, 1928 and 1930. Wharton com-

bined her insider's view of America's privileged classes with a brilliant, natural wit to write humorous, incisive novels and short stories of social and psychological insight. She was well acquainted with many of her era's other literary and public figures, including Theodore Roosevelt. Wharton was born to George Frederic Jones and Lucretia Stevens Rhineland in New York City. She had two brothers, Frederic Rhineland and Henry Edward. The saying "Keeping up with the Joneses" is said to refer to her father's family. She was also related to the Rensselaer family, the most prestigious of the old patroon families. She had a lifelong friendship with her Rhineland niece, landscape architect Beatrix Farrand of Reef Point in Bar Harbor, Maine. In 1885, at 23, she married Edward (Teddy) Robbins Wharton, who was 12 years older. From a well-established Philadelphia family, he was a sportsman and gentleman of the same social class and shared her love of travel. From the late 1880s until 1902, he suffered acute depression, and the couple ceased their extensive travel. At that time his depression manifested as a more serious disorder, after which they lived almost exclusively at The Mount, their estate designed by Edith Wharton. In 1908 her husband's mental state was determined to be incurable. She divorced him in 1913. Around the same time, Edith was overcome with the harsh criticisms leveled by the naturalist writers. Later in 1908 she began an affair with Morton Fullerton, a journalist for *The Times*, in whom she found an intellectual partner. In addition to novels, Wharton wrote at least 85 short stories. She was also a garden designer, interior designer, and taste-maker of her time. She wrote several design books, including her first published work, *The Decoration of Houses of 1897*, co-authored by Ogden Codman. Another is the generously illustrated *Italian Villas and Their Gardens of 1904*.

This book describes contemporary woman's search for wholeness in a society in which she has been defined according to masculine values. Drawing upon cultural myths and fairy tales, ancient symbols and goddesses, and the dreams of contemporary women, Murdock illustrates the need for—and the reality of—feminine values in Western culture today.

In *Living a Feminist Life* Sara Ahmed shows how feminist theory is generated from everyday life and the ordinary experiences of being a feminist at home and at work. Building on legacies of feminist of color scholarship in particular, Ahmed offers a poetic and personal meditation on how feminists become estranged from worlds they critique—often by naming and calling attention to problems—and how feminists learn about worlds from their efforts to transform them. Ahmed also provides her most sustained commentary on the figure of the feminist killjoy introduced in her earlier work while showing how feminists create inventive solutions—such as forming support systems—to survive the shattering experiences of facing the walls of racism and sexism. The killjoy survival kit and killjoy manifesto, with which the book concludes, supply practical tools for how to live a feminist life, thereby strengthening the ties between the inventive creation of feminist theory and living a life that sustains it.

A *New York Times* bestseller and enduring classic, *All About Love* is the acclaimed first volume in feminist icon bell hooks' "Love Song to the Nation" trilogy. *All About Love* reveals what causes a polarized society, and how to heal the divisions that cause suffering. Here is the truth about love, and inspiration to help us instill caring, compassion, and strength in our homes, schools, and workplaces. "The word 'love' is most often defined as a noun, yet we would all love better if we used it as a verb," writes bell hooks as she comes out fighting and on fire in *All About Love*. Here, at her most

provocative and intensely personal, renowned scholar, cultural critic and feminist bell hooks offers a proactive new ethic for a society bereft with lovelessness—not the lack of romance, but the lack of care, compassion, and unity. People are divided, she declares, by society's failure to provide a model for learning to love. As bell hooks uses her incisive mind to explore the question "What is love?" her answers strike at both the mind and heart. Razing the cultural paradigm that the ideal love is infused with sex and desire, she provides a new path to love that is sacred, redemptive, and healing for individuals and for a nation. The *Utne Reader* declared bell hooks one of the "100 Visionaries Who Can Change Your Life." *All About Love* is a powerful, timely affirmation of just how profoundly her revelations can change hearts and minds for the better.

Feast for the Journey is an enriching guide for individuals and small groups who want creative ways to cultivate a meaningful life in the midst of hectic and uncertain times. If you long for a renewed spark, clearer direction, more confidence in your choices, fresh ways to make a difference, and self-care that isn't self-ish, *Feast for the Journey* offers four soul-satisfying, hands-on courses that will lead you through: - An eye-opening self-assessment that reveals what's most important in your life's story. - Four new practices to help you cultivate a life that matters—starting wherever you are. - Practical tips for finding and freeing your voice in love, work, and everyday life. - Creative ways to celebrate and honor the changes and seasons you're going through. On whatever path you find yourself, *Feast for the Journey* invites you to try a new vision and direction for moving forward—all in a nourishing, peaceful, and creative setting. KAREN LEE TURNER has designed, taught, and refined the courses offered in *Feast for the Journey* for more than twenty years. An artist, musician, college professor, and retreat leader, she has a doctorate in education from Peabody of Vanderbilt University and writes in her backyard studio "shed" in Nashville, Tennessee. She is joined by NEVIN COMPTON TRAMMELL, career expert, poet, activist, and author of *Cream Soda Blues*. He is a licensed clinical social worker with a doctorate from Vanderbilt University. "Whether you're starting out, starting over, or somewhere in-between, *Feast for the Journey* is a rare book for anyone wondering, 'What's next in my life?'" -Joe Calloway, author of *Becoming A Category of One*, *Never By Chance*, and *Indispensable* "This is good stuff—a journal, a workbook, a confessional memoir, a scholarly text, a resource manual, and a story. Woven together, it is indeed a new sort of book." -Dale Brown, Director of the Buechner Institute and author of *The Book of Buechner* "Anyone who senses the soul's deep longing for celebration, restoration, delight, and movement toward something 'more' will find their place at the beautifully hospitable table set for *Feast for the Journey*." -Pamela C. Hawkins, author of *The Awkward Season* and *Simply Wait*

Publisher Description

Spinsters Ink was founded in upstate New York in 1978 to publish feminist books. In 1982, we moved to San Francisco and then merged with Aunt Lute Books (out of Iowa) in 1986 to become Spinsters/Aunt Lute Book Company. The Aunt Lute Foundation became a separate, non-profit publishing company in 1990 while Spinsters Ink moved to Minnesota in 1992. Today, we are housed in Duluth's Building for Women with other feminist organizations dedicated to serving women. Spinsters Ink publishes fiction and non-fiction that deal with significant issues in women's lives from a feminist perspective: books that not only name these crucial issues, but -- more important -- encourage change and growth. We are committed to publishing works by women writing from the periphery: fat wom-

en, Jewish women, lesbians, old women, poor women, rural women, women examining classism, women of color, women with disabilities, women who are writing books that help make the best in our lives more possible. Two women travel through the wild Canadian West of the late 1800s to escape the violence of their pasts.

A contemporary classic, *Good Night Stories for Rebel Girls* reinvents fairy tales, inspiring girls with the stories of 100 heroic women. Readers will rule ancient Egypt with Cleopatra, make groundbreaking discoveries with Marie Curie, fly through the sky with Amelia Earhart, and defy gravity with Simone Biles. Illustrated by 60 female artists from every corner of the globe, this is the most funded original book in the history of crowdfunding. Plus, scannable codes inside unlock audio stories from the Rebel Girls app!

Feminist Pilgrimage: Journeys of Discovery is a collection of personal essays by contemporary feminist educators, scholars, artists, and writers.

If, as has been said, exiles, refugees, and emigrants are the defining figures for the twentieth century, the thirteen women of *Women in Exile* give unforgettable life to the metaphor. Their stories offer a rare and special opportunity to witness the harrowing experience of flight and dislocation and to marvel at the resilience of the human spirit.

"This book is a true love letter, not only to Jha's own son but also to all of our sons and to the parents--especially mothers--who raise them." —Ijeoma Oluo, author of *So You Want to Talk About Race* and *Mediocre* Beautifully written and deeply personal, this book follows the struggles and triumphs of one single, immigrant mother of color to raise an American feminist son. From teaching consent to counteracting problematic messages from the media, well-meaning family, and the culture at large, the author offers an empowering, imperfect feminism, brimming with honest insight and actionable advice. Informed by Jha's work as a professor of journalism specializing in social justice movements and social media, as well as by conversations with psychologists, experts, other parents and boys--and through powerful stories from her own life--*How to Raise a Feminist Son* shows us all how to be better feminists and better teachers of the next generation of men in this electrifying tour de force. Includes chapter takeaways, and an annotated bibliography of reading and watching recommendations for adults and children. "A beautiful hybrid of memoir, manifesto, instruction manual, and rumination on the power of story and possibilities of family." —Rebecca Solnit, author of *The Mother of All Questions*

INTERNATIONAL BESTSELLER San Francisco Chronicle's 10 Books to Pick * HelloGiggles' 10 Books to Pick Up for a Better 2021 * PopSugar's 23 Exciting New Books * Book Riot's 12 Essential Books About Black Identity and History * Harper's Bazaar's 60+ Books You Need to Read in 2021 "A clear, powerful, direct, wise, and extremely helpful treatise on how to combat and heal from the ubiquitous violence of white supremacy" (Elizabeth Gilbert, New York Times bestselling author) from thought leader, racial justice educator, and acclaimed spiritual activist Rachel Ricketts. *Do Better* is a revolution-

nary offering that addresses racial justice from a comprehensive, intersectional, and spirit-based perspective. This actionable guidebook illustrates how to engage in the heart-centered and mindfulness-based practices that will help us all fight white supremacy from the inside out, in our personal lives and communities alike. It is a loving and assertive call to do the deep—and often uncomfortable—inner work that precipitates much-needed external and global change. Filled with carefully curated soulcare activities—such as guided meditations and transformative breathwork—"Do Better answers prayers that many have prayed. *Do Better* offers a bold possibility for change and healing. *Do Better* offers a deeply sacred choice that we must all make at such a time as this" (Iyanla Vanzant, New York Times bestselling author).

NEW YORK TIMES BESTSELLER • "An unflinching examination of how our drinking culture hurts women and a gorgeous memoir of how one woman healed herself."—Glennon Doyle, #1 New York Times bestselling author of *Untamed* "You don't know how much you need this book, or maybe you do. Either way, it will save your life."—Melissa Hartwig Urban, Whole30 co-founder and CEO The founder of the first female-focused recovery program offers a groundbreaking look at alcohol and a radical new path to sobriety. We live in a world obsessed with drinking. We drink at baby showers and work events, brunch and book club, graduations and funerals. Yet no one ever questions alcohol's ubiquity—in fact, the only thing ever questioned is why someone doesn't drink. It is a qualifier for belonging and if you don't imbibe, you are considered an anomaly. As a society, we are obsessed with health and wellness, yet we uphold alcohol as some kind of magic elixir, though it is anything but. When Holly Whitaker decided to seek help after one too many benders, she embarked on a journey that led not only to her own sobriety, but revealed the insidious role alcohol plays in our society and in the lives of women in particular. What's more, she could not ignore the ways that alcohol companies were targeting women, just as the tobacco industry had successfully done generations before. Fueled by her own emerging feminism, she also realized that the predominant systems of recovery are archaic, patriarchal, and ineffective for the unique needs of women and other historically oppressed people—who don't need to lose their egos and surrender to a male concept of God, as the tenets of Alcoholics Anonymous state, but who need to cultivate a deeper understanding of their own identities and take control of their lives. When Holly found an alternate way out of her own addiction, she felt a calling to create a sober community with resources for anyone questioning their relationship with drinking, so that they might find their way as well. Her resultant feminine-centric recovery program focuses on getting at the root causes that lead people to overindulge and provides the tools necessary to break the cycle of addiction, showing us what is possible when we remove alcohol and destroy our belief system around it. Written in a relatable voice that is honest and witty, *Quit Like a Woman* is at once a groundbreaking look at drinking culture and a road map to cutting out alcohol in order to live our best lives without the crutch of intoxication. You will never look at drinking the same way again.