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## **8K6WTR - CASSIUS ANGELINA**

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The Sunday Times no.1 bestselling memoir from Harry Redknapp 'From kicking a ball as a kid under the street lamps of Poplar and standing on Highbury's North Bank with my dad, to my first game at West Ham, I was born head over heels in love with football. It saved me, and 50 years on that hasn't changed one bit - I'd be lost without it...' Harry is the manager who has seen it all - from a dismal 70s Portakabin at Oxford City and training pitches with trees in the middle to the unbeatable highs of the Premiership, lifting the FA Cup and taking on Real Madrid in the Champions League. With his much loved, no-nonsense delivery, Harry brings us a story filled with passion and humour that takes

you right inside every drama of his career. Harry finally tells the full story of all the controversial ups and downs - the pain and heartache of his court case, the England job, his love for Bobby Moore, his adventures at Portsmouth with Milan Mandaric, the Southampton debacle, Tottenham and Daniel Levy, and not forgetting his years at West Ham or the challenges at his current club QPR. It's the epic journey of one of the great managers and, along the way, the story of the British game itself over the last five decades. In an era now dominated by foreign coaches Harry is the last of an old-fashioned breed of English football man - one who has managed to move with the times and always come out fighting.

The Sunday Times bestseller 'Frank, funny

and inspiring' - You Magazine 'Louise is just ready to do her - and we're here for it' - Glamour 'Warm-hearted, honest and relatable' - Daily Mirror

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In more than two decades in the limelight, Louise Redknapp has weathered her fair share of ups and downs, but through it all she's remained unapologetically true to herself. From dancing in her bedroom as a young girl with big dreams to getting a scholarship to Italia Conti and experiencing her first taste of musical success with Eternal, to navigating fertility struggles, motherhood and rediscovering her passion for performing, in You've Got This Louise offers a refreshingly honest perspective on the experiences that have shaped her. Warm, funny and wise - like a chat with a

close friend - this empowering and uplifting guide weaves together Louise's personal stories and poignant observations on life to gently reassure and encourage, while providing tips and advice on how to get the most out of life by embracing positivity. Brimming with insight on falling back in love with yourself, managing expectations, overcoming critics, dealing with social media and trusting your instincts as a parent, this is Louise's powerful love letter to anyone who has ever wondered if they're getting it right: you've got this.

No player has been more synonymous with the glory years of Manchester United Football Club over the past two decades than right-back Gary Neville. An Old Trafford regular since he attended his first match at the age of six, captain of the brilliant 1992 FA Youth Cup-winning team that became known as 'Fergie's Fledglings', outspoken representative of MUFC, Neville is the ultimate one-club man. He has been at the heart of it all and, at the end of an amazing career, is now ready to tell it all. Authoritative, insightful, fearless and never less than 100% honest, no-one has better credentials for documenting the story of United under Sir Alex Ferguson. Neville

reveals the behind-the-scenes secrets of his early days with the likes of Giggs, Scholes and his best mate David Beckham; what it was like to play with Cantona, Keane and Ronaldo; the Treble in 1999; and of course an entire career of playing for the greatest manager in the game. Then there are all his experiences with England, from being the youngest starter at Euro 96 when football came home, to the ups and downs of five major championships and seven managers - Venables, Hoddle, Wilkinson, Keegan, Eriksson, McClaren and Capello. There are opinions and analysis on Gazza, Rooney, WAGs and the true story of the FA and Rio Ferdinand. For twenty glorious years, Gary Neville has worn his heart on his sleeve. This is his story.

Harry Redknapp is without doubt one of the most charismatic, well-respected managers in the Premiership - admired by home and rival supporters alike. Time and again, he has worked wonders with limited budgets, motivating his players to heights no one thought possible. This is the story of a remarkable manager.

After 40 years in football management,

there's not a lot I haven't seen. There've been big highs, but a fair share of lows too. When I have to make difficult decisions, I make a point of avoiding newspapers, phone-ins, Twitter - all of it. But there's always a load of armchair-pundits waiting to start on me. Being a manager has never been easy, but between the fans and the media it often feels impossible to get it right. In *It Shouldn't Happen to a Manager*, I talk about how different the job is now from what it was like when I used to play. For one, managers used to drive up and down motorways all day to scout for players - now there's so much analysis and global scouting. It's a different thing, completely. In this book, I share everything I've learnt from a lifetime of both wins and losses, and wisdom from greats like Cloughie and Ferguson. I'll tell you about what actually happens in the dressing room, including when Clough smashed the door off its hinges; the bust-ups at full-time, like when I kicked a tray of sandwiches on Don Hutchinson's head; and the times when I had to swap an arm round a player's shoulder for a boot up the arse. It's my guide to being a manager, the Harry way.

When Trevor Brooking was still at school, the Essex-born teenager was one of the most eagerly pursued prospects in London, but he chose to go to West Ham United - the only club that was prepared to allow him to complete his studies - and so began a lifelong attachment to the Upton Park outfit. In 1967 he made his debut for the club, and went on to play for them until 1984, helping them to win two FA Cup trophies, and scoring the only goal in the 1980 final. A cultured midfielder at the heart of West Ham's side, he was soon seen as crucial to England's fortunes, helping them to qualify for the World Cup finals in 1982. Brooking recalls the highlights of his career, playing with and against some of the most famous names in the sport, and provides revealing details about life with West Ham and England. His story recalls a time when he was a symbol of solidity during the era of flared trousers, punk, and the turmoil of the Revie regime. Respected by fans and his peers alike, Brooking has been at the forefront of the FA's work to develop the game in recent years, and his views on the future of football are essential reading.

Mike Atherton is the most articulate and

perceptive captain of English cricket since Mike Brearley. He was also one of the most determined batsmen of the nineties, and as an opener, a vital component of the England team. Atherton has played professional cricket for Lancashire and England for 15 years, despite a serious back complaint. He represented England in 115 Test matches and captained his country on a record 54 occasions. His recovery from a difficult situation in 1995 (when he was accused of ball tampering during the first Test match against South Africa at Lord's) proved a tough hurdle, yet one that would strengthen his resolve. His autobiography contains many serious observations about world cricket, as well as humorous asides and perceptive insights into the game. A born writer, this is Atherton in his own words.

Steven Gerrard is a hero to millions, not only as the inspirational captain of Liverpool FC, but as a key member of the England team. Here, for the first time, he tells the story of his lifelong obsession with football, in an honest and revealing book which captures the extraordinary camaraderie, the soul-destroying tensions and the high-octane thrills of the modern game as never

before. Born in the Liverpool suburb of Huyton in 1980, Steven first joined Liverpool as a YTS trainee and played his first game for the first team aged just 18. His career has gone from strength to strength ever since and he is now the team's captain and its lynchpin. Liverpool's incredible comeback in the Champions' League final in Istanbul in May 2005, recovering from a 3-goal deficit against AC Milan to win on penalties, is testament to the amazing power Gerrard has over his team. His presence on the pitch is a force to be reckoned with and places him amongst the very first rank of players in the world. A relatively private figure, Steven has rarely spoken out in public. Now, his legions of fans will be allowed an intimate glimpse of what makes their hero tick. He speaks for the first time about the torturous will-he-won't-he Chelsea rumours and his undying passion for Liverpool. We experience first-hand the highs of winning in Istanbul and elsewhere, as well as the occasional lows of being parted from his much-loved family and friends. And of course, the book contains a full blow-by-blow account of England's world cup campaign in Germany 2006. Steven Gerrard's book is the defini-

tive football autobiography. Like its subject, it's honest, passionate and exhilarating. If Steven Gerrard isn't your hero yet, by the time you've read this he will be...

In *Stillness and Speed*, one of football's most enigmatic stars finally opens up about his life and career, revealing the things that motivate and inspire him. Viewed by many as one of the most influential figures in Premier League history, and scorer of the goal that Arsenal fans voted the best in the club's history, Dennis Bergkamp is a true giant of the game. As a youngster, Bergkamp learned from the Dutch master Johan Cruyff. By the time the pupil was ready to graduate from Ajax and move abroad, he was ready to spread the word, but in Italy he found few willing listeners. It was only when he moved to Arsenal and linked up with Arsene Wenger that he met someone else who shared his vision for football's possibilities. Bergkamp became central to everything the club did: now he had become the teacher, their creative genius, and the one who inspired some of the wayward old guard to new heights, helping them to seven major trophies. Few footballers' books make you

think anew, but in *Stillness and Speed* Bergkamp presents a new vision for the game and how it might be played. He was a player like no other; his story is told like no other. It is a book that will inspire football fans everywhere, whatever their allegiance.

'England invented football, codified it, became champions of the world in 1966 but humiliatingly then forgot how to play the greatest game of all. England took their eye off a ball they arrogantly thought they owned, allowing other nations to run off with it.' It was *Fifty Years of Hurt* from when Bobby Moore lifted the World Cup trophy at Wembley to arguably the nadir of the national game - defeat by Iceland at Euro 2016 and the most botched managerial appointment in FA history. In this groundbreaking book, a Sunday Times bestseller, Henry Winter addresses the state England are in as they celebrate, or rather not, the golden anniversary of their greatest moment. Part lament, part anatomy of an obsession, both personal and collective, it analyses the truth behind the endless excuses, apports the blame for the crimes against English football, but is also a search for hope and solutions. As

well as players and managers, Henry Winter talks to the fans, to agents, to officials, to the governing bodies, about every aspect, good and bad, of English football over the past five decades to provide answers to the question: 'where did it all go wrong?'. It is a passionate journey by a writer with vast personal insight into the national team, with unprecedented access to all areas of the game, but also by a fan who wants his England back. *The Fifty Years of Hurt* must end.

'A masterpiece ... thoughtful and self-mocking, insightful and funny' *THE TIMES* 'He's scarily extreme, dangerously provocative, oxy-acetylene forthright ... and hugely entertaining' *SCOTLAND ON SUNDAY* 'Searingly honest' *THE SUN* 'A thoroughly entertaining rampage' Matt Dickinson, *THE TIMES BOOKS OF THE YEAR* No. 1 best-selling memoir of Roy Keane, former captain of Manchester United and Ireland - co-written with Man Booker Prize-winner Roddy Doyle. In a stunning collaboration with Booker Prize-winning author Roddy Doyle, Roy Keane gives a brutally honest account of his last days as a player, the highs and lows of his managerial career, and his life as an outspoken ITV pundit. 'Roy Keane's

book is a masterpiece . . . It may well be the finest, most incisive deconstruction of football management that the game has ever produced' Mail on Sunday 'A genuine pleasure . . . His thoughts on his players are humane, interesting, candid and never less than believable' The Times 'The best things are the small things: regretting joining Ipswich when he discovered the training kit was blue; refusing to sign Robbie Savage because his answerphone message was rubbish; being appalled that his side had listened to an Abba song before playing football' Evening Standard 'The book is brilliantly constructed, rattling along at breakneck speed . . . full of self-deprecation . . . a ruthless self-examination' Daily Telegraph

Harry Redknapp is one of the biggest and best-loved characters in English football. From West Ham to Bournemouth, Portsmouth to Tottenham, legions of fans regard him as one of the game's true legends. • Harry's long career has been packed with twists and turns and plenty of controversy. Signing for West Ham as a 17 year-old, Harry Redknapp made 149 appearances before moving to Bournemouth where he stayed until 1982, leaving to

take up his first coaching position with the club. After a major car accident in 1990 Harry was forced to reconsider his career options and made the switch from Bournemouth to West Ham. In 2003 he headed to Portsmouth in what was to be a turbulent time. With a brief spell at Southampton, Harry returned to Portsmouth and in 2008 he steered them to their first FA cup victory in 69 years. • In October 2008 Harry Redknapp joined Tottenham Hotspurs working his 'Harry Houdini' magic to lift them out of the relegation zone in just two weeks. And in 2010 they have made it to the knock-out stages in the Champions Leagues for the first time.

THE SUNDAY TIMES BESTSELLER 'The beautiful game has taught me a lot, but I've had quite a life outside of football too. This book is full of my best stories – kickabouts with jumpers for goalposts with Bobby Moore, mine and Sandra's disastrous honeymoon to Torquay in a dodgy car and my funniest 'Mr Pastry' moments – as well as my thoughts on the important things in life. I'm finally sharing what I've learned on and off the pitch: from growing up poor in Poplar to the heights of the Pre-

miership and even lying in a coffin with a load of rats on national television. It's everything I know about true team spirit, hard work, tough times, why family are so important and why everyone deserves respect no matter whether they're royal or sleeping rough – and, of course, the real joy of a jam roly-poly.'

Mention West Ham United FC and the name Harry Redknapp immediately springs to mind. The Hammers' boss is an institution in the game; his experience of English football in the Nineties from the perspective of one club is unsurpassed.

This is the extraordinary story of the British birthplace of a worldwide sport of boxing in London's East End.

The popular actor and comedian shares his observations on why things are the way they are while sharing his offbeat opinions about the meaning of life and his personal role in it. Reprint."

THE CROSS SPORTS BOOK AWARDS AUTOBIOGRAPHY OF THE YEAR The Sunday Times bestseller is 'brilliant, gripping, beautifully written, real,' says Jonathan Northcroft. So, you think you know Joey Barton. Think again. No Nonsense is a

game-changing autobiography which will redefine the most fascinating figure in British football. It is the raw yet redemptive story of a man shaped by rejection and the consequences of his mistakes. He has represented England, and been a pivotal player for Manchester City, Newcastle United, Queens Park Rangers, Marseille, Burnley and Glasgow Rangers, but his career has featured recurring controversy. The low point of being sent to prison for assault in 2008 proved to be the catalyst for the re-evaluation of his life. No Nonsense reflects Barton's character – it is candid, challenging, entertaining and intelligent. He does not spare himself, in revealing the formative influences of a tough upbringing in Liverpool, and gives a survivor's insight into a game which, to use his phrase, 'eats people alive'. The book is emotionally driven, and explains how he has redirected his energies since the birth of his children. In addition to dealing with his past, he expands on his plans for the future. In this updated edition he speaks frankly about the gambling addiction that has left him facing a hefty ban. The millions who follow his commentaries on social media, and those who witnessed him on BBC's Question Time,

will be given another reason to pause, and look beyond the caricature. 'Compelling' Donald McRae, Guardian 'Brilliant' Matt Lawton, Daily Mail 'Immaculate footballer. Imperial defender. Immortal hero of 1966. Master of Wembley. Captain extraordinary. Gentleman of all time.' These are some of the words inscribed beneath the statue of England's World Cup-winning captain, Bobby Moore, at Wembley stadium. Since Moore's death, of bowel cancer at just 51, these accolades represent the accepted view of this national treasure. But what do we actually know about Bobby Moore as a person? What about the grit alongside the glory? Moore was undeniably an extraordinary captain and player. Pelé called him the greatest – and fairest – defender he ever played against. His feats for West Ham United and England are legendary and his technical mastery of the game ahead of its time. Few footballers since have come close to his winning combination of intelligence, skill, temperament and class. Yet off the pitch, Moore knew scandal, bankruptcy, divorce and drink. What about the string of failed businesses, whispers of bad behaviour, links to the East End under-

world and turbulent private life? Ignored by the football world post-retirement, this great of the game drifted into obscurity and, famously, there was no knighthood. Acclaimed football writer Matt Dickinson traces the journey of this Essex boy who became the patron saint of English football, peeling away the layers of legend and looking at Moore's life from all sides – in triumph, in failure, in full.

Premier league footballer turned pastor Gavin Peacock tells the story of his career and his faith in this fascinating, thought-provoking and personal read. 'There is more to life than football, fame and fortune. There is a greater joy and a greater glory to be had.' What makes a man walk away from his life as a professional footballer turned BBC pundit to become a church minister? They say it is every schoolboy's dream to play in the F.A. Cup Final and it's a dream that came true for Gavin Peacock. In his riveting autobiography follow Gavin's journey from a child growing up in a footballing family to Chelsea captain; from a son following in his father's footsteps to a husband and father supporting his own family; from pundit to preacher. Experience his highs and

lows as he tells his story and explains the driving force behind it all - his love for football, his love for his family, and most importantly his love for God.

'He's 100% political herpes. Back in six months whatever you do. Or three days, like last time.' Camilla Long on Nigel Farage 'You're as ugly as a salad.' Bulgarian insult 'I'm going to beat him so bad he'll need a shoehorn to put his hat on.' Muhammed Ali There's no pleasure like a perfectly turned put-down (when it's directed at somebody else, of course) but Matthew Parris's Scorn is sharply different from the standard collections. Here are the funniest, sharpest, rudest and most devastating insults in history, from ancient Roman graffiti to the battlefields of Twitter. Drawing on bile from such masters as Dorothy Parker, Elizabeth I, Donald Trump, Groucho Marx, Princess Anne, Winston Churchill, Nigel Farage, Mae West and Alastair Campbell - which form an exchange between voices down the ages - Scorn shows that abuse can be an art form. This collection includes extended literary invective as well as short verbal shin-kicks. Encompassing literature, art, politics, showbiz, marriage, gender, nationality and religion, Mat-

thew Parris's sublime collection is the perfect companion for the festive season, whether you're searching for the perfect elegant riposte, the rudest polite letter ever written, or a brutal verbal sledgehammer.

'When a man walks on to a pitch there's always a chance something magic can happen, that's what keeps us coming back...' In *A Man Walks On To a Pitch*, Harry shares a lifetime's experience of obsessing over football, during which he has seen it all first hand - the good, the bad and the unbelievable. Harry started in an age where players were ordinary blokes who might live on the same street as you and earn a similar wage. Now he manages in an era of player power, multi-million pound wages and teams assembled from around the globe. As he shares stories of some of the legends and journeymen he played, coached, argued and drank with, Harry picks a team for each decade from the 1950s to the present. He gets to the heart of what was right and wrong with each era and explores the changes in the game from lifestyle to tactics. He weaves his choices together with unforgettable tales from the training pitches, boot rooms

and card schools. There are tales of the untutored genius of Duncan Edwards and Tom Finney, legendary tough Scots like Bobby Collins, Dave Mackay and Billy Bremner, the world-beaters of 1966, unpredictable one-off wizards from Sir Stanley Matthews to Matt Le Tissier, natural-born goalscorers from Greaves to Dalglish and the greatest foreign players to grace our game from Trautmann to Bergkamp. It is one of the best informal histories of the British game you'll ever read.

Be sure to check out *IRON AMBITION: My Life with Cus D'Amato* by Mike Tyson "Raw, powerful and disturbing—a head-spinning take on Mr. Tyson's life."—Wall Street Journal Philosopher, Broadway headliner, fighter, felon—Mike Tyson has defied stereotypes, expectations, and a lot of conventional wisdom during his three decades in the public eye. Bullied as a boy in the toughest, poorest neighborhood in Brooklyn, Tyson grew up to become one of the most ferocious boxers of all time—and the youngest heavyweight champion ever. But his brilliance in the ring was often compromised by reckless behavior. Yet—even after hitting rock bottom—the man who once admitted being addicted “to everything”

fought his way back, achieving triumphant success as an actor and newfound happiness and stability as a father and husband. Brutal, honest, raw, and often hilarious, Undisputed Truth is the singular journey of an inspiring American original.

There have been some extraordinary footballers over the decades. But few with a story as extraordinary as Willie Morgan. A Manchester United icon, the Scot fought all the odds to make it to the very top of the English game during its most fascinating and fashionable era, the 1960s and 1970s. But it is not just Morgan's life on the pitch that is so captivating. Born in the tiny mining village of Sauchie, Morgan grew up believing his grandparents were his parents because his real mother had given birth to him outside wedlock. Not only that, but Morgan's father was an Italian prisoner of war from World War Two. It seemed that young Willie was destined for life as a family outcast, forced to follow his family into the area's coalmines - earning precious little money despite hours of back-breaking toil. However, Morgan's path was different. For he had a remarkable skill - the speed and ability to play football like nobody else. His skills were spotted by

Burnley in 1960 before Morgan's life changed forever when he joined Manchester United eight years later. The club's legendary manager, Sir Matt Busby, needed pace and a killer touch down the right wing. So he broke the British transfer record and snapped Morgan up. In fact, Morgan was such a key part of Busby's future plans, he was even given the No.7 shirt - which had up to then been worn by none other than George Best. It was from the right wing - and that shirt - that Morgan would witness and play with some of the greatest Manchester United players of all time. Morgan recounts hundreds of tales about the hell-raising Best as well as giving his verdicts on the likes of Denis Law, Bobby Charlton, Alex Stepney, Paddy Crerand and a host of others. He also talks about Wilf McGuinness and the case he had to fight against former United manager Tommy Docherty. From the football pitch to the High Court - Morgan has done it all and seen it all. He was the first footballer with an official fanclub, he is a man who can count Tom Jones and Rod Stewart as his close pals, and he is a footballing hero to those who used to chant his name while crammed into the Stretford

End at Old Trafford. Willie touchingly talks about the harrowing death of his first wife Pat before recounting how he found redemption and love with his second wife Kay. The family man's love for his children Gaynor and Scott shines through at all points as does his love for Manchester United - the greatest football club in the world. Willie Morgan entertained, captivated and thrilled football fans for over 20 years. Now read his fascinating life story...

'a great read' Daily Mail 'a fascinating book ... I really enjoyed it' Piers Morgan, Good Morning Britain One of the Guardian's 'Biggest Books of Autumn 2020' 'A beautiful book about football, family, friendship and finding out who you really are.' JACK WHITEHALL 'One of the best books I've ever read about what it takes to become a pro.' FRANK LAMPARD For the Redknapp clan, football is a family concern; it's the family business. Me, Family and the Making of a Footballer is a deeply moving, heartfelt and beautifully personal account of growing up as the second son of Harry Redknapp, and also an enchanting love letter to football. "I'm Jamie Redknapp. Chances are my surname rings a bell. I want to introduce you to a colourful



cast of characters from my formative years. Growing up, Dad and grandad 'Pop' told us tall stories from London's East End, but there was no artistic licence needed when I was actually kicking a ball about with legends like George Best, Bobby Moore, and Geoff Hurst. This book is the story of my childhood and adolescence. Like many others, I guess it's a pretty typical mix of caravans and lollies, sweaty T-shirts and paper rounds, cheese sandwiches and Glacier Mints, The A Team, E.T. and Chinese takeaways. But this is also the story of a journey through an extraordinary childhood obsession with football. One minute it was all about Shoot! magazine, endless keepy-ups and countless impromptu kickabouts. The next, I'm playing for Bournemouth Reserves against terrifying, fully-grown men. Then I got my move to Kenny Dalglish's Liverpool. I might've been living off gristly sausages and Smash potato in my dingy digs up on Merseyside, but I was living the dream. I was desperately hoping it was the start of something special. Writing Me, Family and the Making of a Footballer has helped me discover so much about myself. This book is my way of explaining who and what have made me

... well, me."

From the post room to the board room, everyone thinks they can be the manager. But how do you manage outrageous talent? What do you do to inspire loyalty from your players? How do you turn around a team in crisis? What's the best way to build long-term success? How can you lead calmly under pressure? The issues are the same whether you're managing a Premier League football team or a FTSE 100 company. Here, for the first time, some 30 of the biggest names in football management reveal just what it takes. With their every decision, remark, skill, and success or failure under constant scrutiny from the media and the fans, these managers need to be the most adroit of leaders. In *The Manager* they explain their methods, give examples of lessons they've learned along the way, and describe the decisions they make and the leadership they provide. Each chapter tackles a key leadership issue for managers in any walk of life and, in their own words, shows how the experts deal with the challenges they face in an abnormally high-pressure environment. Offering valuable

lessons for business leaders and fascinating behind-the-scenes insights for football fans, *The Manager* is an honest, accessible and unprecedented look at the day-to-day work of these high-profile characters and the world of top-level football management. Contents: A Piece of the Action (Roy Hodgson); The Art of One-on-One (Carlo Ancelotti); Behind the Scenes (Arsène Wenger); Building High-performing Teams (Sam Allardyce); The Field of Play (Roberto Mancini); Handling Outrageous Talent (José Mourinho); Pursuing a Career Under Pressure (Brendan Rodgers); Seeing the Bigger Picture (Harry Redknapp); Creating Sustained Success (Sir Alex Ferguson); Crisis Response and Turnaround (Walter Smith); Triumph and Despair (Mick McCarthy). Also featuring: Gerard Houllier, Tony Pulis, Martin O'Neill, Neil Warnock, Howard Wilkinson, Kevin Keegan, Dario Gradi, Andre Villas-Boas, David Moyes, Alex McLeish, Hope Powell, Martin Jol, Glenn Hoddle, Chris Hughton, David Platt, Paul Ince, and George Graham.

"A searingly honest account ... Nedum tells it like he played, with nothing left out." – Guy Mowbray, Match of the Day "A frank, thought-provoking and compelling insight

into one of football's most articulate voices." - Rory Smith, New York Times chief soccer correspondent "Nedum Onuoha's autobiography is considerably more compelling than most of those by more decorated players." - When Saturday Comes

\*\*\* Nedum Onuoha was not a typical footballer. Picked by the Manchester City Academy aged ten, he was determined to continue his education despite the lure of a career under the floodlights. Fiercely intelligent on and off the pitch, Onuoha developed into a talented defender and played his part in City's meteoric rise. In this characteristically forthright book, Onuoha reveals what goes on behind the scenes at top-tier clubs. Stuffed with insights into household names like Stuart Pearce, Sven-Göran Eriksson, Roberto Mancini and Harry Redknapp, this is football and its most famous figures as you've never seen them before. Kicking Back is also the story of one man's search for identity: as a footballer, as a black man in England and as an outsider in the US during the 2020 Black Lives Matter protests. What is it like to receive horrific racist abuse while doing your job? And how has football failed the black community? Onuoha

provides a damning assessment of the sport's authorities as he dives deep into a life spent on the pitch.

There is only one Arsène Wenger - and for the very first time, in his own words, this is his story. In this definitive autobiography, the world-renowned, revolutionary football manager discusses his life and career, sharing his leadership principles for success on and off the field. At Arsenal, Wenger won multiple Premier League titles, a record number of FA Cups, and masterminded the historic 'Invincibles' season of 2003-2004. He changed the game in England forever, popularising an attacking approach and changing attitudes towards nutrition, fitness and coaching methods - and towards foreign managers. The book charts his extraordinary career, from his rise in France and Japan where he managed Nancy, Monaco and Nagoya Grampus Eight - clubs that also play in red-and-white - to his twenty-two years at the helm in north London. A must-read not only for Arsenal supporters but football fans everywhere, MY LIFE IN RED AND WHITE illuminates the mystique surrounding one of the most respected managers in the world's most popular sport.

For over 30 years, Peter Jackson and his wife Alison lived the good life, riding the football rollercoaster together during his career as a player and manager. When the dark days came and Peter was faced with the spectre of a life-threatening cancer, and later the end of his football career, their bond was as strong as ever. Living with Jacko is a story shaped by football that reaches far beyond the confines of the sporting world.

The autobiography of Italian striker, Paolo Di Canio, worshipped by West Ham fans and a footballer who has won the hearts of supporters wherever he has played - this despite his infamous tantrums and volatile behaviour on the pitch.

Football fans will love this insight into the life and mind of Big Sam. With nearly 20 years as a player - plus almost 25 years as a coach and manager - under his belt, Sam Allardyce is one of the most recognisable figures in British football. 'Big Sam' has been a robust defensive general throughout the seventies and eighties, and an imposing touchline presence as a gaffer since 1994. Over the last four decades, Allardyce has seen it all. The game he so

loves is radically different to that in which he made his debut back in 1973, and in telling his wonderfully colourful story for the very first time, Allardyce talks intriguingly about the changing face of players and managers. His autobiography positively crackles with characteristic insight, honesty and hard-hitting opinions.

The stunning new autobiography from Tony Adams, author of the critically acclaimed bestseller *Addicted*. Tony Adams was a charismatic figure on the football field, a true leader for Arsenal and England. He won league titles in three separate decades, and after the Gunners moved to their new stadium at the Emirates, it was fitting that a statue of him was erected outside to celebrate his extraordinary career. But, for much of that time, he was also drinking heavily and eventually admitted in his book *Addicted* that he was an alcoholic. Now, in that book's stunning successor *Sober*, Adams reveals what happened next. He discusses the impact that Arsene Wenger had when he arrived at Arsenal in 1996, and how the manager's new methods helped extend his career and brought new success to the club. Always a great thinker on the game,

Adams moved into coaching and management on retirement, playing a key role in Portsmouth's famous FA Cup triumph in 2008, and taking on new challenges in the Netherlands, Azerbaijan, China and now Spain to broaden his perspective. He movingly explains the struggles he's faced to stay sober for twenty years and why he set up Sporting Chance, the charity which provides treatment and support for sports stars suffering from addictions. He gives his incisive thoughts on England's continued failings in major tournaments and assesses why Arsenal have struggled to repeat the title-winning formula of his own time there. *Sober* is a truly inspirational memoir from someone who has battled with his demons, but has continued to take things on, one day at a time.

This book is about the beginning of Sir Alex's football career, until the year 2000. 1999 was an outstanding year for Alex Ferguson - not only did he lead Manchester United, the most glamorous club in the world, to a unique and outstanding treble triumph, but he was awarded the highest honour for his sporting achievements; a Knighthood from the Queen. Universally respected for his tough, but caring manage-

rial style, Ferguson is an unusually intelligent man with a fascinating life story. Covering his tough Govan upbringing through to his playing days and onto his shift into management, *Managing My Life* is told with the fine balance of biting controversy and human sensitivity which made it such an unprecedented success in hardback. Alex Ferguson is a legend in his lifetime.

'Very funny on almost every page, wonderfully self-deprecating and very sharp on the ludicrous behaviour of the modern player' - Sunday Times 'The funniest man in British sport' - Metro \*\*A Sunday Times Sports Book of the Year\*\* \*\*Shortlisted for the National Book Awards\*\* \*\*Longlisted for the Telegraph Sports Book Awards Autobiography of the Year\*\* You become a footballer because you love football. And then you are a footballer, and you're suddenly in the strangest, most baffling world of all. A world where one team-mate comes to training in a bright red suit with matching top-hat, cane and glasses, without any actual glass in them, and another has so many sports cars they forget they have left a Porsche at the train station. Even when their surname is incorporated in the

registration plate. So walk with me into the dressing-room, to find out which players refuse to touch a football before a game, to discover why a load of millionaires never have any shower-gel, and to hear what Cristiano Ronaldo says when he looks at himself in the mirror. We will go into post-match interviews, make fools of ourselves on social media and try to ensure that we never again pay £250 for a haircut that should have cost a tenner. We'll be coached and cajoled by Harry Redknapp, upset Rafa Benitez and be soothed by the sound of an accordion played by Sven-Goran Eriksson's assistant Tord Grip. There will be some very bad music and some very bad decisions. I am Peter Crouch. This is How To Be A Footballer. Shall we?

'a wonderful book ... a great read' Daily Mail 'a fascinating book ... I really enjoyed it' Piers Morgan, Good Morning Britain 'a heart-warming, funny and insightful read. Perfect for a rainy day by the fire.' FourFourTwo magazine One of the Guardian's 'Biggest Books of Autumn 2020' 'A beautiful book about football, family, friendship and finding out who you really are.' JACK WHITEHALL 'One of the best books I've ever read about what it takes to become a

pro.' FRANK LAMPARD For the Redknapp clan, football is a family concern; it's the family business. Me, Family and the Making of a Footballer is a deeply moving, heartfelt and beautifully personal account of growing up as the second son of Harry Redknapp, and also an enchanting love letter to football. "I'm Jamie Redknapp. Chances are my surname rings a bell. I want to introduce you to a colourful cast of characters from my formative years. Growing up, Dad and grandad 'Pop' told us tall stories from London's East End, but there was no artistic licence needed when I was actually kicking a ball about with legends like George Best, Bobby Moore, and Geoff Hurst. This book is the story of my childhood and adolescence. Like many others, I guess it's a pretty typical mix of caravans and lollies, sweaty T-shirts and paper rounds, cheese sandwiches and Glacier Mints, The A Team, E.T. and Chinese take-aways. But this is also the story of a journey through an extraordinary childhood obsession with football. One minute it was all about Shoot! magazine, endless keepy-ups and countless impromptu kickabouts. The next, I'm playing for Bournemouth Reserves against terrifying, fully-grown men.

Then I got my move to Kenny Dalglish's Liverpool. I might've been living off gristly sausages and Smash potato in my dingy digs up on Merseyside, but I was living the dream. I was desperately hoping it was the start of something special. Writing Me, Family and the Making of a Footballer has helped me discover so much about myself. This book is my way of explaining who and what have made me ... well, me."

Rio Ferdinand is one of the finest footballers of his generation - a born winner and one of the game's greatest stoppers. Full of outstanding stories and forthright opinions, #2Sides sees Rio reflect on his unique rise to the top of the game: - Cutting his teeth in the West Ham youth teams and becoming captain of Leeds United at the age of 22 - His record-breaking transfer to Manchester United that made him one of the most revered centre-backs in world football - On life under Sir Alex Ferguson and how winning became a habit - Why David Moyes failed as Manchester United manager - On Cristiano Ronaldo, Lionel Messi and why Paul Scholes is the greatest player ever to grace the Premier League With a Foreword by Harry Redknapp, #2Sides is a superb retrospective

from one of the most outspoken voices of England's golden generation.

The exclusive behind-the-scenes story of the Mauricio Pochettino revolution at Spurs, told in his own words The Sunday Times Bestseller 'An unparalleled insight into one of the most exciting managers currently working in football' Independent Since joining the club in 2014, Mauricio Pochettino has transformed Tottenham from underachievers into genuine title contenders. In the process, he has marked himself out as one of the best young managers in the world, more than holding his own against the Premier League's established heavyweights. He has done so by promoting an attacking, pressing style of football and by nurturing home-grown talent, fully endearing himself to the Spurs faithful along the way. Guillem Balagué was granted unprecedented access to

Pochettino and his backroom staff for the duration of the 2016-17 season, and he has therefore been able to draw on extensive interview material with Pochettino, his family, his closest assistants, players such as Dele Alli and Harry Kane, and even a very rare conversation with Daniel Levy to tell the manager's story in his own words. From Pochettino's early years as a player and coach to his transformation of Tottenham into one of the best teams in England, the book uniquely reveals the inner workings of the man and of his footballing philosophy. It also lays bare what it takes to run a modern-day football team competing at the highest level over the course of a single campaign. The result is the most comprehensive and compelling portrait of a manager and of a club in the Premier League era.

Chelsea and England footballer Frank Lampard charts his life story from childhood to young West Ham apprentice to multi-millionaire world footballing celebrity and lynchpin of the national team. In his book, Lampard opens up on his early years, how he dealt with the fame and fortune that has come his way since becoming a key member of the England side, his frank opinions on former England boss Sven-Goran Eriksson and his manager at Chelsea Jose Mourinho, fascinating insights into Roman Abramovich and revealing tales on his current team-mates. He reveals both the privileges and the pressures of being one of the 'golden generation' of England players. He gives a fascinating inside account of World Cup 2006 in Germany, and describes the disappointment of not fulfilling the dream of bringing the biggest prize in football back to England.