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9NT8QZ - GIANCARLO MCLEAN

The fourteenth-century Zen master Bassui was recognized as one of the most important Zen teachers of his time. Accessible and eloquent, these teachings cut to the heart of the great matter of Zen, pointing directly to the importance of seeing our own original nature and recognizing it as Budhahood itself. Bassui is taking familiar concepts in Buddhism and recasting them in an essential Zen light. Though he lived centuries ago in a culture vastly different from our own, Zen Master Bassui speaks with a voice that spans time and space to address our own modern challenges - in our lives and spiritual practice. Like the revered Master Dogen several generations before him, Bassui was dissatisfied with what passed for Zen training, and taught a radically reenergized form of Zen, emphasizing deep and direct penetration into one's own true nature. And also like Dogen, Bassui uses powerful and often poetic language to take familiar Buddhist concepts recast them in a radically non-dual Zen light, making ancient doctrines vividly relevant. This edition of Mud and Water contains several teachings never before translated.

Connect with the sacred art of Buddhism through the creative act of coloring. Buddhist art is rich with symbolism and meaning. Taking the time to color and interact with these symbols and motifs is a simple yet profound way to practice mindfulness and move closer to a greater awareness of one's own essential nature. The drawings here—all meticulously painted by hand with a small sable brush—relate to the state of being completely awakened and evoke a deep sense of calm and stillness. A concise description of each drawing unravels the many layers of meaning contained within this sacred art, inviting a deeper connection with these drawings.

An instant New York Times bestseller Two spiritual giants. Five days. One timeless question. Nobel Peace Prize Laureates His Holiness the Dalai Lama and Archbishop Desmond Tutu have survived more than fifty years of exile and the soul-crushing violence of oppression. Despite their hardships—or, as they would say, because of them—they are two of the most joyful people on the planet. In April 2015, Archbishop Tutu traveled to the Dalai Lama's home in Dharamsala, India, to celebrate His Holiness's eightieth birthday and to create what they hoped would be a gift for others. They looked back on their long lives to answer a single burning question: How do we find joy in the face of life's inevitable suffering? They traded intimate stories, teased each other continually, and shared their spiritual practices. By the end of a week filled with laughter and punctuated with tears, these two global heroes had stared into the abyss and despair of our time and revealed how to live a life brimming with joy. This book offers us a rare opportunity to experience their astonishing and unprecedented week together, from the first embrace to the final good-bye. We get to listen as they explore the Nature of True Joy and confront each of the Obstacles of Joy—from fear, stress, and anger to grief, illness, and death. They then offer us the Eight Pillars of Joy, which provide the foundation for lasting happiness. Throughout, they include stories, wisdom, and science. Finally, they share their daily Joy Practices that anchor their own emotional and spiritual lives. The Archbishop has never claimed sainthood, and the Dalai Lama considers himself a simple monk. In this unique collaboration, they offer us the reflection of real lives filled with pain and turmoil in the midst of which they have been able to discover a level of peace, of courage, and of joy to which we can all aspire in our own lives.

Based on the author's previous publication The Encyclopedia of Tibetan Symbols and Motifs, this handbook contains an array of symbols and motifs, accompanied by succinct explanations. It provides treatment of the essential Tibetan religious figures, themes and motifs, both secular and religious.

Contains 3,500 alphabetically arranged entries that provide information about various aspects of

the world's religions; features thirty in-depth discussions of major religions; and includes illustrations and maps.

Reflects the current state of scholarship in Buddhist Studies, its entries being written by specialists in many areas, presenting an accurate overview of Buddhist history, thought and practices, most entries having cross-referencing to others and bibliographical references. Contain around 1000 pages and 500,000 words, totalling around 1200 entries.

Unhappy, Little Sid leaves his home in search of happiness leading him on a journey of discovery full of wise-folk, tigers, and a mouse.

An ideal introduction to the history of Buddhism. Andrew Skilton - a writer on and practitioner of Buddhism - explains the development of the basic concepts of Buddhism during its 2,500 years of history and describes its varied developments in India, Buddhism's homeland, as well as its spread across Asia, from Mongolia to Sri Lanka and from Japan to the Middle East. A fascinating insight into the historical progress of one of the world's great religions.

A comprehensive survey of the world's principal myths and religions. Over 400 photos, drawings and maps.

In nearly 1500 entries, many of them strikingly and often surprisingly illustrated, J. C. Cooper has documented the history and evolution of symbols from prehistory to our own day. With over 200 illustrations and lively, informative and often ironic texts, she discusses and explains an enormous variety of symbols extending from the Arctic to Dahomey, from the Iroquois to Oceana, and coming from systems as diverse as Tao, Christianity, Judaism, Buddhism, Islam, Tantra, the cult of Cybele and the Great Goddess, the Pre-Columbian religions of the Western Hemisphere and the Voodoo cults of Brazil and West Africa.

Everything from Primive religions, Judaism, this book covers the major intitutions.

Provides 118 color illustrations and a thorough introduction to Taoism. Covers the "way of the Tao," the Yin-Yang symbol, and the relationship of Taoism to other religions such as Buddhism and Hinduism.

A detailed introduction to Buddhist philosophy and teachings, history, and Buddhism around the world today.

In this fascinating study, Dargyab Rinpoche not only explains the nine best-known groups of Tibetan Buddhist symbols but also shows how they serve as bridges between our inner and outer worlds. As such, they can be used to point the way to ultimate reality and to transmit a reservoir of deep knowledge formed over thousands of years.

Provides background information on Buddha and the Four Noble Truths, and describes meditation and Buddhist principles of the Theraveda, Zen, and Tibetan traditions.

This richly illustrated book introduces and explains Buddhist history, philosophy and practice, from its very beginnings to the present time. The first two chapters of the book deal with the life of the Buddha and his teachings. The third chapter covers the gradual spread of Buddhism and the interpretation of Buddhist scriptures over time. The fourth chapter deals with the practice of Buddhism today, country by country around the world. The final chapter discusses the major Buddhist schools and the key masters and interpreters within these schools, such as Theravada, Zen, Pure Land and Nichiren.

Sacred art presented as coloring templates for contemplation and creativity—stunning and detailed artwork from the Tibetan Buddhist tradition. Drawing on his brush paintings in The Encyclopedia of Tibetan Symbols and Motifs and other works, Robert Beer has selected 50 images meant to be used as templates for coloring. The book features figures spanning centuries of the tradition, in-

cluding spiritual adventurers, rebellious saints, and enlightened Tantric masters. The detailed artwork is elegant and meaningful—drawing on Buddhist teachings to give each piece greater depth.

The two-volume Encyclopedia of Monasticism describes the monastic traditions of both Christianity and Buddhism with more than 600 entries on important monastic figures of all periods and places, surveys of countries and localities, and topical essays covering a wide range of issues (e.g., art, behavior, economics, liturgy, politics, theology, and scholarship). Coverage encompasses not only geography and history worldwide but also the contemporary dilemmas of monastic life. Recent upheavals in certain countries are highlighted (Korea, Russia, Sri Lanka, etc.). Topical essays subtitled Christian Perspectives and Buddhist Perspectives explore in imaginative fashion comparisons and contrasts between Christian and Buddhist monasticism. Encyclopedia of Monasticism also includes more than 500 color and black and white illustrations covering all aspects of monastic life, art, and architecture.

A glorious celebration of Buddha in art, Buddha: Images in Art brings together centuries of beautiful sculpture and painting from the East. Richly gilded and jeweled bronzes, elaborate and colorful paintings, intricately embroidered silk hangings, and statuesque rock carvings display the ingenuity of the artists of the past. Featuring significant works from all across Asia, the book includes informative regional essays and "feature spreads" that focus on topics such as China's cave complexes, where over a thousand rock carvings pay homage to Buddha.

Iron Eyes focuses on the Japanese Zen master Tetsugen Doko (1630-1682), the best-known exponent of Ōbaku in Japan and the West. Ōbaku Zen arose during the seventeenth century and became the third major Zen sect in Japan. Ōbaku monks encouraged the laity to deepen their knowledge of and commitment to Buddhism. Tetsugen is credited with producing the first complete wood block edition of the Chinese Buddhist scriptures in Japan. Legend has it that Tetsugen had to raise the money for the project three times: twice his great compassion led him to give away the money he had raised to the starving victims of natural disasters. This Zen story is well-known in Japan and has gained popularity among contemporary Buddhists in the West. The first part of this book offers an introduction and a series of analytical chapters describing Tetsugen's life, work, and teachings, as well as the legends related to him. The second part comprises annotated translations of his major teaching texts, important letters and other historical documents, a selection of his poetry, and several traditional biographies.

In Bells, Gongs, and Wooden Fish, Venerable Master Hsing Yun grants voices to the objects of daily monastic life to tell their stories in this collection of first-person narratives. From monastic shoes to robes and alms bowls, these everyday objects tell the story of their lives and the life of Buddhism from their own perspective. Originally published in 1953, the collected sketches are both lyrical and satiric. The collection of inanimate speakers describe and criticize the state of Chinese Buddhism in the early twentieth century in which educating the laity is an afterthought and the day-to-day activities of monastics are dominated by funerary rites. Bells, Gongs, and Wooden Fish showcases the beginnings of Master Hsing Yun's work as a Buddhist reformer, and describes a path to revolutionize, modernize, and humanize Buddhism that resonates to this day.

In a year-by-year chronicle, this book presents an intimate and fascinating portrait of the man who created the greatest empire the world had ever seen. 120 color illustrations. Over 1,700 alphabetically-arranged entries cover the beliefs, practices, significant movements, organizations, and personalities associated with Zen Buddhism.

An Illustrated Outline of Buddhism is an ideal introduction to the vast and complex field of Buddhism, a world religion with more than a billion followers. In its short format and accessible style, it

presents the essential features of the Buddhist religion with a clear yet concise style that is suitable for both the general reader and student of Buddhism. This fully color edition contains 40 color illustrations, including a stunning array of outstanding examples of Buddhist art, architecture, statuary, and calligraphy. Numerous maps, diagrams, and charts are included to illustrate important aspects of Buddhist beliefs and to summarize the different cultural forms and developmental phases of Buddhism. A select bibliography for further reading and a detailed index will also aid the reader.

An extraordinary encyclopedia of Buddhist icons. Illustrating the Rin 'byung brgya rtsa, the Nar thang brgya rtsa, and the Vajravali, the book is based on a collection of over five hundred images of Tibetan deities. The images, presented in the book at full scale, were originally created by a master artist in the early nineteenth century to serve as initiation cards (tsakli). The original tsakli were woodblock prints, hand colored at the request of a Ch'ing Dynasty nobleman who had received the initiations. Such cards are used in ceremonies to introduce the practitioner to the deity and his or her practice. The paintings are housed in the Ethnographic Museum of the University of Zurich. Deities of Tibetan Buddhism is also an indispensable reference tool for Tibetologists, students of Mahayana Buddhism, and museum curators. Its extensive supplementary materials include English translations of the basic invocation texts; the associated visualization with descriptions of the deities' postures, attributes, and colors; and the dharanis and mantras used in their invocation. Co-editor Martin Willson spent more than a decade translating and documenting this work. He has provided detailed explanations of technical terms, enlightening explanatory notes, and glossaries documenting the discrepancies in the depictions. The extensive pictorial index, featuring drawings and text by Robert Beer, explains the symbolic meaning behind the deities' implements and adornments. The cross-referenced indices for Tibetan, Sanskrit, Mongolian, and English names and terms provide quick access to vast amounts of information. Co-editor Martin Brauen and the technical staff of the Ethnographic Museum of the University of Zurich have documented the relationship

between this and other sets of initiation cards that exist elsewhere, as well as detailing the construction materials and methods involved in producing this set. Deities of Tibetan Buddhism is a reference book without peer, essential for any serious student of Tibetan and East Asian art and religion.

For artists, designers, and all with an interest in Buddhist and Tibetan art, this is the first exhaustive reference to the seemingly infinite variety of symbols found throughout Tibetan art in line drawings, paintings, and ritual objects. Hundreds of the author's line drawings depict all the major Tibetan symbols and motifs—landscapes, deities, animals, plants, gurus, mudras (ritual hand gestures), dragons, and other mythic creatures—ranging from complex mythological scenes to small, simple ornaments.

In Tibetan religious literature, Jamgön Kongtrül's Treasury of Knowledge in ten books stands out as a unique, encyclopedic masterpiece embodying the entire range of Buddhist teachings as they were preserved in Tibet. In his monumental Treasury of Knowledge, Jamgön Kongtrül presents a complete account of the major lines of thought and practice that comprise Tibetan Buddhism. This first book of The Treasury which serves as a prelude to Kongtrul's survey describes four major cosmological systems found in the Tibetan tradition—those associated with the Hinayana, Mahayana, Kalachakra, and Dzogchen teachings. Each of these cosmologies shows how the world arises from mind, whether through the accumulated results of past actions or from the constant striving of awareness to know itself.

Hinduism is perhaps the world's oldest major religion. This comprehensive book explores its rich historical and cultural development, from its Indian roots to its vibrant application in the present, global context. The first section examines the origins of Hinduism, exploring the holy texts and their teachings about the self, the law of karma, and the cycle of birth and death. The second part focuses on spiritual practices - the four main paths and the many Hindu deities. The final section

analyses Hindu society, culture and arts. This accessible book provides the perfect reference for anyone wishing to explore the compelling faith and culture that is Hinduism.

Well over a million people of Sri Lankan origin live outside South Asia. The Encyclopedia of the Sri Lanka Diaspora is the first comprehensive study of the lives, culture, beliefs and attitudes of immigrants and refugees from this island. The volume is a joint publication between the Institute of South Asian Studies, NUS, and Editions Didier Millet. It focuses on the relationship between culture and economy in the Sri Lanka diaspora in the context of globalisation, increased transnational culture flows and new communication technologies. In addition to the geographic mapping of the Sri Lanka diaspora in the various continents, thematic chapters include topics on "long distance nationalism", citizenship, Sinhala, Tamil and Burgher diaspora identities, religion and the spread of Buddhism, as well as the Sri Lankan cultural impact on other nations.

A fresh and exciting exploration of Southeast Asian history from the 5th to 9th century, seen through the lens of the region's sculpture

In this strikingly illustrated and authoritative volume, readers have an introduction to one of the world's greatest living faiths. 200 color photos, maps & drawings.

Online version of the 2-volume Encyclopedia of Buddhism, published by Macmillan.

This is the first definitive guide to the complete panorama of Buddhist teaching, practice, schools, and history. One of the fastest growing religions in the world, Buddhism includes with its scope numerous traditions. The Buddhist Handbook provides a comprehensive and nonsectarian survey of these traditions and their contemporary exponents throughout the world, providing necessary information for those who wish to explore the various options thoroughly and find one that is suited to their needs. For those already practicing in a particular school of Buddhism, it offers illuminating insight into the teachings of other schools for a more holistic view.