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OEYVOC - MAXIMUS GWENDOLYN

FOOTBALL'S BIGGEST CHARACTERS TELL IT LIKE IT IS Who is the Secret Footballer? Well he's back and this time his mates speak out too. Players, agents, coaches and managers give you access to all areas of the Premier League. From deal-making to play-making, from dodgy tactics to drunken antics, they reveal the unforgettable highs and the unforgivable lows. This is football as you've never seen it before. 'What happens behind closed doors at Premiership clubs usually stays firmly shut behind closed doors. Not if the Secret Footballer has anything to do with it.' Loaded **From the best-selling author of I am the Secret Footballer and The Secret Footballer's Guide to the Modern Game.**

Introduction to concepts of category theory — categories, functors, natural transformations, the Yoneda lemma, limits and colimits, adjunctions, monads — revisits a broad range of mathematical examples from the categorical perspective.

2016 edition.

Through four decades at the pointy end of dance music and club culture, the Secret DJ has seen it all. In this hilarious, gripping, and at times extremely moving follow-up to the smash-hit first book, the mysterious insider pulls no punches, wryly lifting the lid on misbehaving stars, what really goes on backstage, how to survive in the DJ game, and where the real power lies in rave. Most of all, they chart how capitalism bought and sold the utopian dreams of the Acid House generation - and whether those dreams can still be saved. Essential reading for anyone who cares about the dancefloor; past, present and future.

Ever wondered how to build a football club? What a typical match day feels like for the players on the pitch and those behind the scenes? From scouting systems to managing the big names (and their egos), merchandise deals to hotel life, the Secret Footballer takes you into the fascinating world of professional football and shows us the hidden side of a world

we think we're familiar with. We get the fights and fornication, the revenge stories and scandals; he profiles the legends as well as the backroom boys and the unsung heroes. Funny, shocking and always entertaining, this is the Secret Footballer at his most revealing and irreverent yet.

The Secret Footballer: Access All Areas-Guardian Faber Publishing

The Secret Footballer is 'recklessly honest' (Loaded); 'insightful and opinionated' (Morning Star); 'the Banksy of the beautiful game' (Shortlist). Since his first book was published in 2012, The Secret Footballer has been able to take the reader behind the scenes of footballers' lives like no other player has been able, or will ever be able, to do. Anonymity has been a potent weapon in revealing the real world of football stars, and five years on, he has now penned the work that all his fellow professionals have been urging him to do from the start, The Secret Footballer: What Goes on Tour. And it isn't going to stay on tour any more... From Marbella and Ibiza to Dubai and Las Vegas, The Secret Footballer lays bare the worst, most embarrassing and most hilarious excesses of these fit and mostly fickle young men whose million-pound salaries, to use his own words, 'open up a host of recreational opportunities'. Fuelled by rampaging desires for sex, drugs, booze and rock-'n'-roll, these footballers think up ever more extreme ways of splashing the cash, and needless to say, it doesn't always end well...

Enjoy this steamy opposites attract romantic comedy by USA Today bestselling contemporary romance author, Tracy Solheim. Just when he was at the top of his game... She changed the rules. Baltimore Blaze tight-end Brody Janik is a nat-

ural born football star. At twenty-seven, his record-breaking athletic performance and his cover-boy good looks have turned him into a household name. But Brody's hiding a major secret behind his charming, jock persona: a health condition that may cut his career short. PhD candidate Shannon 'Shay' Everett works multiple jobs to put herself through school—including an unpaid internship with the Blaze training department. Strapped for cash, Shay answers the call of a NFL gossip blogger to uncover personal details about the Blaze players. Sneaking into the locker room one night, she gets entangled in Brody's secret... and swept up by his charm. Brody isn't sure what to make of the gawky girl with the whiskey eyes, especially when he discovers she was snooping. His first instinct is to turn her in as a snitch, but she could destroy him by sharing his secret. Instead, he decides to keep her close... perhaps closer than either of them originally intended. A fun and flirty fake relationship sports romance with a satisfying HEA that can be read as a standalone.

In the vein of Hotel Babylon and Confessions of a GP, The Secret Player will fascinate football fans with its wealth of insider knowledge and willingness to talk, albeit anonymously, about the inner workings of the game. Based on the hugely popular 'The Player' columns in FourFourTwo magazine, the book gives a warts-and-all insight into the daily life of professional footballers. Month by month, it chronicles the oscillating rhythms of the season, from the trudge of pre-season to the 'squeaky-bum time' of promotion and relegation. The player himself has played at all levels of English football - from Premier League to a season of non-League - and represented England.

Newbery Honoree Pam Muñoz Ryan weaves an entrancing tale of courage and self-discovery.

The Secret Footballer: Access All Areas-Guardian Faber PublishingEver wondered how to build a football club? What a typical match day feels like for the players on the pitch and those behind the scenes? From scouting systems to managing the big names (and their egos), merchandise deals to hotel life, the Secret Footballer takes you into the fascinating world of professional football and shows us the hidden side of a world we think we're familiar with. We get the fights and fornication, the revenge stories and scandals; he profiles the legends as well as the backroom boys and the unsung heroes. Funny, shocking and always entertaining, this is the Secret Footballer at his most revealing and irreverent yet. I Am The Secret Footballer-Guardian Faber PublishingThis updated edition of the bestselling and wildly popular I Am the Secret Footballer features a new introduction and an additional chapter. The anonymous writer of The Guardian's "Secret Footballer" column gives Premiere League fans an insider's look into the unseen world of professional football. It is often said that 95% of what happens in football takes place behind closed doors. Many of these stories I shouldn't be telling you. But I will. Who is The Secret Footballer? Only a few people know the true identity of the man inside the game. Whoever he is-and whatever team he plays for-TSF is always honest, fearless and opinionated. Here he takes readers past the locker-room door and reveals the inner-workings of a professional club, the exhilarating highs and crushing lows and what it's really like to do the job most of us can only dream of doing. TSF chronicles the exploits of his Premiership colleagues with a gimlet eye

and frank humour. Managers, agents and players are not spared from his observations-their mindsets, their relationships with those outside the sport, their behaviour good and bad. In his inimitable style, TSF recounts entertaining and eyebrow-raising vignettes, naming names and dropping colourful details along the way. Access All Areas-Guardian Faber PublishingA candid examination of the inner workings of a football club, from the bestselling anonymous insider, dishing up the good, the bad, and the really ugly. The Secret Footballer: What Goes on Tour-National Geographic BooksSince his first book was published in 2012, The Secret Footballer has been able to take the reader behind the scenes of footballers' lives like no other player has been able, or will ever be able, to do. Anonymity has been a potent weapon in revealing the real world of football stars, and five years on, he has now penned the work that all his fellow professionals have been urging him to do from the start, The Secret Footballer: What Goes on Tour. And it isn't going to stay on tour any more... From Marbella and Ibiza to Dubai and Las Vegas, The Secret Footballer lays bare the worst, most embarrassing and most hilarious excesses of these fit and mostly fickle young men whose million-pound salaries, to use his own words, 'open up a host of recreational opportunities'. Fuelled by rampaging desires for sex, drugs, booze and rock'n'roll, these footballers think up ever more extreme ways of splashing the cash, and needless to say, it doesn't always end well... I Am the Secret Footballer-Random HouseThe truth about professional football by the man on the inside. The Secret Footballer: What the Physio Saw...Random House-He's back - and this time he's got company. The Secret Footballer has teamed

up with one of the most highly respected physios in the game to bring you the stories of a football season through the eyes of someone who has covered over 1000 games in his career and who knows the most intimate details about every player he treats. From the pre-season pressures of a new manager and players who have overindulged on their summer breaks, to witnessing some truly horrific (and sometimes career-ending) injuries; from star players who think nothing of using him as their personal family doctor to revealing some of the more unconventional treatments players choose to experiment with, the physio has truly seen it all. Alongside this privileged glimpse into the physio's world, *The Secret Footballer* will be telling his own tales of injury, pain and perseverance with his trademark insight and wit. - Tales from the Secret Footballer Faber & Faber FOOTBALL'S BIGGEST CHARACTERS TELL IT LIKE IT IS Who is the Secret Footballer? Well he's back and this time his mates speak out too. Players, agents, coaches and managers give you access to all areas of the Premier League. From deal-making to play-making, from dodgy tactics to drunken antics, they reveal the unforgettable highs and the unforgivable lows. This is football as you've never seen it before. 'What happens behind closed doors at Premiership clubs usually stays firmly shut behind closed doors. Not if the Secret Footballer has anything to do with it.' Loaded **From the best-selling author of *I am the Secret Footballer* and *The Secret Footballer's Guide to the Modern Game*.** How to Win Faber & Faber "I saw men under pressure. I saw men succeed and more men fail. I always wondered where the difference lay." What separates the good from the truly great players? How do football managers get the best out of their team?

How do you come back from a crushing defeat to win? In an inspirational, funny and thought-provoking new book, *The Secret Footballer* teams up with *The Secret Psychologist* to crack the secrets of success and share with us the tricks and tips that keep the top players at the top of their game. Exploring the winning mindset from confidence to concentration, exposing the successes, the failures and the frauds, this book will shock and entertain. And while most of us will never dribble like Messi or strike like Suarez, we can learn to think like them. *How To Win* is the thinking fan's handbook for those who want to win. At football or at life. *The Secret Footballer's Guide to the Modern Game* Faber & Faber The best-selling anonymous author is back with the ultimate book to challenge conventional footballing wisdom. This is football gift with a bit of attitude. Perfect for football fans and armchair referees alike. With his trademark wit, opinion and candour, *The Secret Footballer* will guide the reader through: The pass - geometry and positioning and intelligence; Fitness; Skills & dribbling; Power & passion; When to listen to your gaffer and when to ignore him; Data and how it is used on the pitch/in transfers; Football academies; Match fixing, diving and other dark deeds; Tunnel vision - what it takes to be a pro; What the pundits say and what they really mean; top 11s (goals to scapegoats, chants to stadiums); 'Bouncebackability' and other words that just aren't acceptable. *The Secret Footballer: What Goes on Tour* Bantam Press *The Secret Footballer* is 'recklessly honest' (Loaded); 'insightful and opinionated' (Morning Star); 'the Banksy of the beautiful game' (Shortlist). Since his first book was published in 2012, *The Secret Footballer* has been able to take the reader behind the scenes of footballers'

lives like no other player has been able, or will ever be able, to do. Anonymity has been a potent weapon in revealing the real world of football stars, and five years on, he has now penned the work that all his fellow professionals have been urging him to do from the start, *The Secret Footballer: What Goes on Tour*. And it isn't going to stay on tour any more... From Marbella and Ibiza to Dubai and Las Vegas, *The Secret Footballer* lays bare the worst, most embarrassing and most hilarious excesses of these fit and mostly fickle young men whose million-pound salaries, to use his own words, 'open up a host of recreational opportunities'. Fuelled by rampaging desires for sex, drugs, booze and rock-'n'-roll, these footballers think up ever more extreme ways of splashing the cash, and needless to say, it doesn't always end well... *I Am The Secret WAG* Random House Money, cars, homes, holidays, parties and all the shoes you've ever dreamed of. The life of a footballer's wife or girlfriend must be as glamorous and exciting as her other half, right? But behind the closed doors of the WAG's world, there are all the pressures as well as pleasures of success. So what is it really like? *The Secret WAG* lays bare the reality of existence under the celebrity spotlight. It is about fashion and fame, sex and scandal, but, like the bestselling *Secret Footballer* books, is also an honest appraisal of life on and off the field of play which will change your preconceptions about footballers and their partners. It is sassy, outspoken, funny and above all, written from the heart. Meet *The Secret WAG*. *The Secret Player* Hachette UK In the vein of *Hotel Babylon* and *Confessions of a GP*, *The Secret Player* will fascinate football fans with its wealth of insider knowledge and willingness to talk, albeit anonymously, about

the inner workings of the game. Based on the hugely popular 'The Player' columns in *FourFourTwo* magazine, the book gives a warts-and-all insight into the daily life of professional footballers. Month by month, it chronicles the oscillating rhythms of the season, from the trudge of pre-season to the 'squeaky-bum time' of promotion and relegation. The player himself has played at all levels of English football - from Premier League to a season of non-League - and represented England. Home Goal H J Perry In the closet... Career-focused Jason Tant has given up on love to play football at the highest level: his team is in the Premiership, and Jason also plays for the English national team (even though his mother is Spanish). He doesn't want to be the poster boy for LGBT people in sport—and his advisors have told him that coming out will ruin his career. It's not an issue until Scott captures Jason's heart and turns his world around. Out and proud... With a carefree, live-for-today attitude, Scott Cole was never in the closet. Funny, clever, and a terrific dancer, the science student has many talents but the man he loves requires something else—discretion. They seem an unlikely couple but neither can resist the chemistry that draws them together. Under scrutiny... Prying paparazzi are everywhere, determined to out gay footballers. Scott questions whether he and Jason need to keep their love a secret when professional British sportsmen in other fields are coming out. Will Jason have to choose between love and his career? Or will the tabloids destroy them both? An MM romance novel with a happy ever after. The story spans 2012-2015. Set in England where fans would die for their football team and football is not called soccer. It is 51,000 words. The book was inspired by the

news story in October 2015 that British gay footballers are preparing to come out in public. As of January 2017, no professional players at the top level in European football have come out. The rumours persist and there have been discussions at the highest levels, including inside Parliament. The story is set in England but uses American spelling for the benefit of international readers.

Full Time: The Secret Life Of Tony Cascarino Simon and Schuster In a world where so many books by and about footballers are little more than bland PR exercises, Full Time breaks the mould decisively. Stripping away the facade of what we think life must be like for an international football star, Paul Kimmage reveals a different story when it comes to Irish footballer Tony Cascarino. Scarred by his childhood, haunted by indiscretion and troubled by a secret from his past, Cascarino is struggling to find answers as he speeds towards the most terrifying juncture in sport: the end. As Cascarino opens up about his fears, crippling loss of confidence and sexual indiscretion, no wonder The Times voted it one of the Top Ten football books of all time, and Eamon Dunphy said of it: 'If it were fiction this book could win the Booker Prize.'

Racing Hard Faber & Faber Few British schoolchildren of the seventies can have been as obsessed with the Tour de France as William Fotheringham, who smuggled copies of *Miroir du Cyclisme* into lessons to read inside his books. He saw the Tour for the first time in 1984, avidly following that year's race on television in the Normandy village where he lived. Since joining the Guardian in 1989, William Fotheringham has been at the forefront of British cycling journalism. Here he reflects on the events of the last twenty-three years - the triumphs, the tragedies and the scandals that have en-

gulfed the world's most demanding sport. Key articles from his career are annotated with notes and reflections. What would he have said if he'd known then what we all know now about Lance Armstrong? Which cyclists and teams were not all they seemed? And which victories still rank as the greatest of all time? This is the definitive collection of cycling reporting.

It's Been Emotional Simon and Schuster The biography of soccer legend turned Hollywood movie star - Vinnie Jones. From a broken home to the captain of Wales, a loving husband who became a huge film star, Vinne Jones has lived a rich and varied life. Here he tells his story.

Red: My Autobiography Random House No player has been more synonymous with the glory years of Manchester United Football Club over the past two decades than right-back Gary Neville. An Old Trafford regular since he attended his first match at the age of six, captain of the brilliant 1992 FA Youth Cup-winning team that became known as 'Fergie's Fledglings', outspoken representative of MUFC, Neville is the ultimate one-club man. He has been at the heart of it all and, at the end of an amazing career, is now ready to tell it all. Authoritative, insightful, fearless and never less than 100% honest, no-one has better credentials for documenting the story of United under Sir Alex Ferguson. Neville reveals the behind-the-scenes secrets of his early days with the likes of Giggs, Scholes and his best mate David Beckham; what it was like to play with Cantona, Keane and Ronaldo; the Treble in 1999; and of course an entire career of playing for the greatest manager in the game. Then there are all his experiences with England, from being the youngest starter at Euro 96 when football came home, to the ups and downs of five major championships and seven managers - Venables,

Hodde, Wilkinson, Keegan, Eriksson, McClaren and Capello. There are opinions and analysis on Gazza, Rooney, WAGs and the true story of the FA and Rio Ferdinand. For twenty glorious years, Gary Neville has worn his heart on his sleeve. This is his story. The Secret DJ Velocity Press Through four decades at the pointy end of dance music and club culture, the Secret DJ has seen it all. In this hilarious, gripping, and at times extremely moving follow-up to the smash-hit first book, the mysterious insider pulls no punches, wryly lifting the lid on misbehaving stars, what really goes on backstage, how to survive in the DJ game, and where the real power lies in rave. Most of all, they chart how capitalism bought and sold the utopian dreams of the Acid House generation - and whether those dreams can still be saved. Essential reading for anyone who cares about the dancefloor; past, present and future. The Accidental Footballer Monoray The Secret to Teen Power Simon and Schuster The Secret is an international phenomenon that has inspired millions of people to live extraordinary lives. The Secret to Teen Power makes that material accessible and relevant for today's over programmed, stressed-out teens. It explains how the law of attraction can help teens navigate their friendships, relationships, schoolwork, money, and even more global issues like politics and the environment. It all happens through the basic principles outlined in The Secret to Teen Power that will bring happiness and fulfilment for all who embrace it. Mañanaland Scholastic Inc. Newbery Honoree Pam Muñoz Ryan weaves an entrancing tale of courage and self-discovery. Memory man Mark Lewis The Secret Diary of Mario Balotelli Hachette UK 'He's a total rock 'n' roller. There's a bit of Mario in all of us - well, maybe not Gary Neville - but the rest of

us most definitely.' Noel Gallagher He may be football's latest superstar, but Mario Balotelli is just as famous off the pitch for his eccentricity and extraordinary antics. From the time he let off fireworks in his bathroom to the notorious bib incident, he's rarely out of the news. But in his secret diary*, as we follow Mario through one turbulent football season and the trail of mayhem he leaves in his wake, we discover that the headlines only tell half the story. Whether he's hiding Silvio Berlusconi in his basement, patrolling the streets of Manchester as a caped crusader or trying to be the first Premiership footballer to go to the moon, the truth is stranger, and much funnier, than we could have expected. *not the actual diary of Mario Balotelli How To Win Friends And Influence People Digi-Cat "How to Win Friends and Influence People" is one of the first best-selling self-help books ever published. It can enable you to make friends quickly and easily, help you to win people to your way of thinking, increase your influence, your prestige, your ability to get things done, as well as enable you to win new clients, new customers. x000D_ Twelve Things This Book Will Do For You: x000D_ Get you out of a mental rut, give you new thoughts, new visions, new ambitions. x000D_ Enable you to make friends quickly and easily. x000D_ Increase your popularity. x000D_ Help you to win people to your way of thinking. x000D_ Increase your influence, your prestige, your ability to get things done. x000D_ Enable you to win new clients, new customers. x000D_ Increase your earning power. x000D_ Make you a better salesman, a better executive. x000D_ Help you to handle complaints, avoid arguments, keep your human contacts smooth and pleasant. x000D_ Make you a better speaker, a more entertaining

conversationalist. Make the principles of psychology easy for you to apply in your daily contacts. Help you to arouse enthusiasm among your associates. Dale Carnegie (1888-1955) was an American writer and lecturer and the developer of famous courses in self-improvement, salesmanship, corporate training, public speaking, and interpersonal skills. Born into poverty on a farm in Missouri, he was the author of *How to Win Friends and Influence People* (1936), a massive bestseller that remains popular today. *Grafter's* Empire Publications Updated with new photographs. Colin Blaney's "Grafter's", originally published in 2004, was a ground-breaking exposé of the links between criminal gangs and football hooliganism. In the intervening period the book and the phrase have become part of the lexicon, defining a generation of professional thieves who used the cover of their fellow football fans to earn a fortune. Eight years on author Colin Blaney returns with an updated version of his criminal memoirs and recounts his experiences as a personality in the murky media world that accompanies public relations -- principally his shady dealings with tabloid journalists, TV producers and researchers. In Colin's words he was thrown in at the deep end to "Swim with the sharks". It's all a far cry from Colin's adolescence in the council flats of North Manchester. As a child he burgled warehouses and factories. As a youth he joined the bootboys of Manchester United's Red Army, rampaging across the country. As an adult he learned to dip with the Scouse pickpocket gangs, sell dope to Rastas in the Moss Side shebeens and sneak-thieve from shop tills with his mad Collyhurst crew. But Continental Europe offered the greatest lure. The gang moved to Amsterdam which be-

came their HQ for the next twenty years. They stole Rolex watches in Switzerland, peddled Ecstasy in Spain, kited credit cards in Belgium, flogged bootleg t-shirts in France and snatched designer clothes in Holland. Blaney and his Wide Awake Firm served time in half the jails in Europe and then went back for more. They were on a riotous, non stop roller-coaster ride -- until they finally hit the buffers. F2: Ultimate Footballer: the All New F2 Book! (Skills Book 4) Blink HOW TO BECOME THE PERFECT FOOTBALLER WITH THE BESTSELLING FOOTBALL INFLUENCERS We are The F2. And this is Ultimate Footballer. We have scoured the planet and analysed what components you need to become the perfect footballer: the speed of Mbappé, the dribbling of Hazard, the tekkers of Neymar and the tackling of Ramos. If you want to add skills like the Özil bounce pass, the Messi soft scoop and the Neymar rainbow, then look no further. And this time we reveal the secret tips told to us by the top Pros behind the scenes. And once you've put your ultimate footballer together, you can compare with ours. Who has the best? You decide. There's a free app to download that will make the pages come to life with exclusive videos, tricks and games. So, what are you waiting for? Open, read, learn, download and get out on the pitch and practise. Alone in the Trenches Sourcebooks, Inc. This is Esera Tuaolo's own searing story of terror and hope. A Samoan raised on a Hawaiian banana plantation, he had a natural talent, football. He went on to play for five NFL teams: the Green Bay Packers, the Minnesota Vikings, the Jacksonville Jaguars, the Carolina Panthers, and the Atlanta Falcons in the 1999 Super Bowl. But for the nine years he played professional football he lived in terror that when his face flashed upon

the TV screen, someone would divulge his darkest secret. Esera Tuaolo is gay. Alone in the Trenches takes you inside the homophobic world of professional football and describes fears that almost drove him to suicide. He evokes heart-break--how his older brother, Tua, died of AIDS--and hope when, Esera, a deeply devout Christian fell in love and started a family. "Tuaolo emerges in these pages as a complex, intellectually curious and fascinating individual defined neither by his choice of career nor by his sexual orientation." --Booklist "Tough, tender and brutally honest." --Robert Lipsyte, former New York Times sports columnist "Even I was not prepared for his amazing life story." --Billy Bean, author of Going the Other Way

Category Theory in Context-Courier Dover Publications Introduction to concepts of category theory — categories, functors, natural transformations, the Yoneda lemma, limits and colimits, adjunctions, monads — revisits a broad range of mathematical examples from the categorical perspective. 2016 edition.

Risky Game Sun Home Productions Enjoy this steamy opposites attract romantic comedy by USA Today best-selling contemporary romance author, Tracy Solheim. Just when he was at the top of his game... She changed the rules.

Baltimore Blaze tight-end Brody Janik is a natural born football star. At twenty-seven, his record-breaking athletic performance and his cover-boy good looks have turned him into a household name. But Brody's hiding a major secret behind his charming, jock persona: a health condition that may cut his career short. PhD candidate Shannon 'Shay' Everett works multiple jobs to put herself through school—including an unpaid internship with the Blaze training department. Strapped for cash, Shay answers the call of a NFL gossip blogger to uncover perso-

nal details about the Blaze players. Sneaking into the locker room one night, she gets entangled in Brody's secret... and swept up by his charm. Brody isn't sure what to make of the gawky girl with the whiskey eyes, especially when he discovers she was snooping. His first instinct is to turn her in as a snitch, but she could destroy him by sharing his secret. Instead, he decides to keep her close... perhaps closer than either of them originally intended. A fun and flirty fake relationship sports romance with a satisfying HEA that can be read as a standalone.

All to Play For Random House 'A timely, engaging and thought-provoking read from an ideal guide to explore what the future may hold.' Dan Roan, Sports Editor, BBC News 'Matt shows with great insight and wisdom how (sport) can form the foundations for future discovery, development and ultimately, happiness.' Ben Ryan, Olympic Gold Medal-Winning Rugby Coach and Author Sevens Heaven, Daily Telegraph Sports Book of the Year 2019

Sport can save us. After a fractious decade following the 2012 Olympics, sport - one of our few remaining collective rituals - is entering its golden age. An increasingly powerful force for good, it is undergoing a dramatic transformation that will positively impact our lives, on and off the pitch. From the collective shared experience of a nationwide event and the individual benefits gained from lacing up your trainers and getting out there to the political power of a footballer's Twitter account, All to Play For is a roadmap for the way that sports can unite us in the worst of times. Illuminated by interviews with a diverse range of sports insiders, including fitness guru Joe Wicks, gold medalist Greg Searle, the mind behind the viral 'This Girl Can' campaign, Tanya Joseph, and running obsessed rockstar Johnny Marr, All to Play

For dives into the past, present and future of the industry to show how sport will lead us out of the darkness and guide us in a post-pandemic world. Covering the rise of the athlete activist, the necessity of grassroots organisations, the secret recipe for making sport an effective tool for change and ten bold predictions on how it will guide us in the future, this is an examined look at why sport has the power to heal a divided world. Barça BackPage Press FC Barcelona are the greatest football team in the world, the greatest for a generation and possibly the greatest of all time. This is the inside story of how the team came to redefine how the game is played, told by the journalist closer to it than any other. This edition contains a new epilogue reflecting on the departure of Pep Guardiola and Spain's victory at Euro 2012. How to Be a Footballer Random House 'Very funny on almost every page, wonderfully self-deprecating and very sharp on the ludicrous behaviour of the modern player' - Sunday Times 'The funniest man in British sport' - Metro **A Sunday Times Sports Book of the Year** **Shortlisted for the National Book Awards** **Longlisted for the Telegraph Sports Book Awards Autobiography of the Year** You become a footballer because you love football. And then you are a footballer, and you're suddenly in the strangest, most baffling world of all. A world where one team-mate comes to training in a bright red suit with matching top-hat, cane and glasses, without any actual glass in them, and another has so many sports cars they forget they have left a Porsche at the train station. Even when their surname is incorporated in the registration plate. So walk with me into the dressing-room, to find out which players refuse to touch a football before a game, to discover why a load of millionaires

never have any shower-gel, and to hear what Cristiano Ronaldo says when he looks at himself in the mirror. We will go into post-match interviews, make fools of ourselves on social media and try to ensure that we never again pay £250 for a haircut that should have cost a tenner. We'll be coached and cajoled by Harry Redknapp, upset Rafa Benitez and be soothed by the sound of an accordion played by Sven-Goran Eriksson's assistant Tord Grip. There will be some very bad music and some very bad decisions. I am Peter Crouch. This is How To Be A Footballer. Shall we? Training Secrets of the World's Greatest Footballers Bloomsbury Publishing Looking at every area of the game and with exclusive contributions from elite players, leading coaches and sports scientists from the world's leading clubs - including Barcelona, Real Madrid, Manchester United, Chelsea, Paris St Germain and Bayern Munich - this expert guide reveals how sports science ensures the likes of Cristiano Ronaldo, Lionel Messi and Gareth Bale deliver super-star performances every time. A brilliant combination of locker-room secrets and practical advice, this is a book that will interest both players and fans. I Am My Brand Bloomsbury Publishing Shortlisted for the 2020 Business Book Awards I Am My Brand is a toolkit for personal brand success. Featuring dynamic female brand builders from around the world, the book is a woven tapestry of personal brand advice with storytelling and support that offers a practical guide for female entrepreneurs, freelancers and executives. I Am My Brand explores the techniques used by different women across cultures to build their personal brand, as well as the challenges they faced and their paths to overcoming them. Focused on the skills needed to succeed, their stories - coupled with the

author's expertise - will support readers on their own journey to brand success and self-empowerment in work and life. The book is written in a down-to-earth style, with light entertainment and real-life anecdotes, providing insights into how to create, package and grow your personal brand. Written by one of the most influential female brand builders in the UK, *I Am My Brand* is a testament to the power of being a woman and illustrates what it takes to build a powerful female brand in today's male dominated business world. In *Search of Duncan Ferguson* Random House He was one of the hardest, most controversial footballers of his generation: the £20million man who became the first professional player to go to jail for an offence committed on the field of play. He was the fans' hero who disappeared. Duncan Ferguson was an old-fashioned Scottish centre-forward who went from a boarding house in Dundee to the marble staircase of Rangers in a record-breaking transfer. His £4m move from Dundee United to Ibrox made him British football's most expensive native player. But he would also become one of the most notorious footballers in the land. Sent to prison after head-butting an opponent during a Scottish Premier Division match between Rangers and Raith Rovers, Ferguson made history all over again. He served half of a three-month sentence in Glasgow's infamous Barlinnie Prison. A twelve-match ban from the Scottish Football Association was later overturned following a long appeal process. Bruised by the experience, he turned his back on Scotland's national team and the media. Ferguson reaped the riches of the Sky era. He was a folk hero at Everton, where he spent ten years either side of an injury-hit spell at Newcastle United. Although the game made him a million-

aire, he rejected its new culture of celebrity and remained a fiery figure, racking up a Premiership record of eight red cards. And then, after scoring in the final minute of the last game of his career, he turned his back on football completely - or so it seemed. *Why Soccer Matters* Penguin Pelé—legendary footballer, humanitarian, and subject of the Netflix documentary—explores the sport's recent history and provides new insights into the game. "I know in my heart that soccer was good to me, and great to the world....I saw, time and again, how the sport improved countless millions of lives, both on and off the field. For me, at least, that's why soccer matters." The world's most popular sport goes by many names—soccer, football, the beautiful game—but fans have always agreed on one thing: The greatest player of all time was Pelé. Before Messi, before Ronaldo, before Beckham, Pelé had a stunning twenty-year career, where he was heralded as an international treasure. His accomplishments on the field proved to be pure magic: an unprecedented three World Cup championships and the all-time scoring record, with 1,283 goals. Since retiring, he has traveled the world as soccer's global ambassador, relentlessly promoting the positive ways soccer can transform young men and women, struggling communities, even entire nations. Now, for the first time and with unparalleled openness, Pelé shares his most inspiring experiences, heartwarming stories, and hard-won wisdom. This is Pelé's legacy, his way of passing on everything he's learned and inspiring a new generation. In *Why Soccer Matters*, Pelé details his ambitious goals for the future of the sport and, by extension, the world. *How to Be a Better Footballer*-Michael O'Mara Books' Passion, positivity and precision ... and always be willing to

learn something new.' Athlete Andrew Henderson was just sixteen years old when a horrific rugby injury put paid to his career in the game. So he turned his attention to football - more specifically, freestyling football skills - and never looked back. Now a five-time World Freestyling Champion and the UK Freestyle football champion for eight years running, in this unique manual Andrew brings together all his expertise and advice to help make you a better footballer. Packed with step-by-step skill tutorials, tricks, tips and guidance, Andrew also reveals how hard work, dedication and flair allowed him to become a master on the football pitch and beyond. Having worked with Cristiano Ronaldo, impressed the likes of David Beckham and Neymar, to performing at the opening ceremonies of the Olympics and various World Cups around the world, he is now sharing all his secrets and famous freestyling skills to help you improve your football techniques and take them onto the pitch. Interspersed with the jaw-dropping tricks, guidance on tackling, fundamental skills and tips on advancing your expertise, Andrew's passionate advice about following a dream and overcoming adversity prove that both enthusiasm and patience play a major part in any sporting arena. This isn't only about teaching the physical elements but learning from a master about how to focus your mentality to bring flair, passion and precision to your game.

The Secret Footballer: What Goes on Tour Random House Since his first book was published in 2012, *The Secret Footballer* has been able to take the reader behind the scenes of footballers' lives like no other player has been able, or will ever be able, to do. Anonymity has been a potent weapon in revealing the real world of football stars, and five years on, he

has now penned the work that all his fellow professionals have been urging him to do from the start, *The Secret Footballer: What Goes on Tour*. And it isn't going to stay on tour any more... From Marbella and Ibiza to Dubai and Las Vegas, *The Secret Footballer* lays bare the worst, most embarrassing and most hilarious excesses of these fit and mostly fickle young men whose million-pound salaries, to use his own words, 'open up a host of recreational opportunities'. Fuelled by rampaging desires for sex, drugs, booze and rock'n'roll, these footballers think up ever more extreme ways of splashing the cash, and needless to say, it doesn't always end well... Troy Deeney: Redemption Cassell Illustrated *The Secret Teacher* Faber & Faber I will teach them literature, poetry, culture. I will teach them *The Waste Land!* I will be the Best Teacher Who Has Ever Lived! Or so *The Secret Teacher* thinks. On his first day at an inner-city state school he gets nuked. The class he is made to cut his teeth on are an unruly mob stuffed with behavioural issues. There is: Milosz, who is put in detention for committing the sin of Onan with a Pritt Stick Kieran, the class rebel Donnie, a hard-working kid desperate for approval Mercedes, a volatile rude girl and Salim, who loves Bollywood and the number 5. Somehow, *The Secret Teacher* needs to enthuse this lot with a love of books. Or at least keep them sitting at their desks until the end of the lesson. And then he's got to deal with the Observations, marking, standardisations, book checks, OFSTED, Educational Consultants, spreadsheets, personal statements, school trips, strikes, class, race, love, death, birth, manhood, dry cleaning, the end of literary culture, the end of the Old World, the whole shebang ... In this vivid account of his first few years in the class-

room, *The Secret Teacher* grapples with the complicated questions of how to teach, how we learn - and how little he actually knows. He celebrates the world's greatest stories, the extraordinary teachers he has worked with, and the kids: bolshy, bright, funny and absolutely electric. The result is a book brimful of wit, insight and tenderness.

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This updated edition of the bestselling and wildly popular *I Am the Secret Footballer* features a new introduction and an additional chapter. The anonymous writer of *The Guardian's* "Secret Footballer" column gives Premier League fans an insider's look into the unseen world of professional football. It is often said that 95% of what happens in football takes place behind closed doors. Many of these stories I shouldn't be telling you. But I will. Who is *The Secret Footballer*? Only

a few people know the true identity of the man inside the game. Whoever he is - and whatever team he plays for - *TSF* is always honest, fearless and opinionated. Here he takes readers past the locker-room door and reveals the inner-workings of a professional club, the exhilarating highs and crushing lows and what it's really like to do the job most of us can only dream of doing. *TSF* chronicles the exploits of his Premiership colleagues with a gimlet eye and frank humour. Managers, agents and players are not spared from his observations - their mindsets, their relationships with those outside the sport, their behaviour good and bad. In his inimitable style, *TSF* recounts entertaining and eyebrow-raising vignettes, naming names and dropping colourful details along the way.

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The bestselling anonymous author is back with the ultimate book to challenge conventional footballing wisdom. This is football gift with a bit of attitude. Perfect for football fans and armchair referees alike. With his trademark wit, opinion and candour, *The Secret Footballer* will guide the reader through: The pass - geometry and positioning and intelligence; Fitness; Skills & dribbling; Power & passion; When to listen to your gaffer and when to ignore him; Data and how it is used on the pitch/in transfers; Football academies; Match fixing, diving and other dark deeds; Tunnel vision - what it takes to be a pro; What the pundits say and what they really mean; top 11s (goals to scapegoats, chants to stadiums); 'Bouncebackability' and other words that just aren't acceptable.

Updated with new photographs. Colin Blaney's "Grafters", originally published in 2004, was a ground-breaking exposé of the links between criminal gangs and football hooliganism. In the intervening

period the book and the phrase have become part of the lexicon, defining a generation of professional thieves who used the cover of their fellow football fans to earn a fortune. Eight years on author Colin Blaney returns with an updated version of his criminal memoirs and recounts his experiences as a personality in the murky media world that accompanies public relations -- principally his shady dealings with tabloid journalists, TV producers and researchers. In Colin's words he was thrown in at the deep end to "Swim with the sharks". It's all a far cry from Colin's adolescence in the council flats of North Manchester. As a child he burgled warehouses and factories. As a youth he joined the bootboys of Manchester United's Red Army, rampaging across the country. As an adult he learned to dip with the Scouse pickpocket gangs, sell dope to Rastas in the Moss Side shebeens and sneak-thieve from shop tills with his mad Collyhurst crew. But Continental Europe offered the greatest lure. The gang moved to Amsterdam which became their HQ for the next twenty years. They stole Rolex watches in Switzerland, peddled Ecstasy in Spain, kited credit cards in Belgium, flogged bootleg tee-shirts in France and snatched designer clothes in Holland. Blaney and his Wide Awake Firm served time in half the jails in Europe and then went back for more. They were on a riotous, non stop roller-coaster ride -- until they finally hit the buffers.

He was one of the hardest, most controversial footballers of his generation: the £20million man who became the first professional player to go to jail for an offence committed on the field of play. He was the fans' hero who disappeared. Duncan Ferguson was an old-fashioned Scottish centre-forward who went from a

boarding house in Dundee to the marble staircase of Rangers in a record-breaking transfer. His £4m move from Dundee United to Ibrox made him British football's most expensive native player. But he would also become one of the most notorious footballers in the land. Sent to prison after head-butting an opponent during a Scottish Premier Division match between Rangers and Raith Rovers, Ferguson made history all over again. He served half of a three-month sentence in Glasgow's infamous Barlinnie Prison. A twelve-match ban from the Scottish Football Association was later overturned following a long appeal process. Bruised by the experience, he turned his back on Scotland's national team and the media. Ferguson reaped the riches of the Sky era. He was a folk hero at Everton, where he spent ten years either side of an injury-hit spell at Newcastle United. Although the game made him a millionaire, he rejected its new culture of celebrity and remained a fiery figure, racking up a Premiership record of eight red cards. And then, after scoring in the final minute of the last game of his career, he turned his back on football completely - or so it seemed.

Pelé—legendary footballer, humanitarian, and subject of the Netflix documentary—explores the sport's recent history and provides new insights into the game. "I know in my heart that soccer was good to me, and great to the world....I saw, time and again, how the sport improved countless millions of lives, both on and off the field. For me, at least, that's why soccer matters." The world's most popular sport goes by many names—soccer, football, the beautiful game—but fans have always agreed on one thing: The greatest player of all time was Pelé. Before Messi, before Ronaldo, before Beckham, Pelé had a stunn-

ing twenty-year career, where he was heralded as an international treasure. His accomplishments on the field proved to be pure magic: an unprecedented three World Cup championships and the all-time scoring record, with 1,283 goals. Since retiring, he has traveled the world as soccer's global ambassador, relentlessly promoting the positive ways soccer can transform young men and women, struggling communities, even entire nations. Now, for the first time and with unparalleled openness, Pelé shares his most inspiring experiences, heartwarming stories, and hard-won wisdom. This is Pelé's legacy, his way of passing on everything he's learned and inspiring a new generation. In *Why Soccer Matters*, Pelé details his ambitious goals for the future of the sport and, by extension, the world.

'A timely, engaging and thought-provoking read from an ideal guide to explore what the future may hold.' Dan Roan, Sports Editor, BBC News 'Matt shows with great insight and wisdom how (sport) can form the foundations for future discovery, development and ultimately, happiness.' Ben Ryan, Olympic Gold Medal-Winning Rugby Coach and Author *Sevens Heaven*, Daily Telegraph Sports Book of the Year 2019 Sport can save us. After a fractious decade following the 2012 Olympics, sport - one of our few remaining collective rituals - is entering its golden age. An increasingly powerful force for good, it is undergoing a dramatic transformation that will positively impact our lives, on and off the pitch. From the collective shared experience of a nationwide event and the individual benefits gained from lacing up your trainers and getting out there to the political power of a footballer's Twitter account, *All to Play For* is a roadmap for the way that sports can unite us in the worst of

times. Illuminated by interviews with a diverse range of sports insiders, including fitness guru Joe Wicks, gold medalist Greg Searle, the mind behind the viral 'This Girl Can' campaign, Tanya Joseph, and running obsessed rockstar Johnny Marr, *All to Play For* dives into the past, present and future of the industry to show how sport will lead us out of the darkness and guide us in a post-pandemic world. Covering the rise of the athlete activist, the necessity of grassroots organisations, the secret recipe for making sport an effective tool for change and ten bold predictions on how it will guide us in the future, this is an examined look at why sport has the power to heal a divided world.

A candid examination of the inner workings of a football club, from the best-selling anonymous insider, dishing up the good, the bad, and the really ugly.

'Passion, positivity and precision ... and always be willing to learn something new.' Athlete Andrew Henderson was just sixteen years old when a horrific rugby injury put paid to his career in the game. So he turned his attention to football - more specifically, freestyling football skills - and never looked back. Now a five-time World Freestyling Champion and the UK Freestyle football champion for eight years running, in this unique manual Andrew brings together all his expertise and advice to help make you a better footballer. Packed with step-by-step skill tutorials, tricks, tips and guidance, Andrew also reveals how hard work, dedication and flair allowed him to become a master on the football pitch and beyond. Having worked with Cristiano Ronaldo, impressed the likes of David Beckham and Neymar, to performing at the opening ceremonies of the Olympics and various World Cups around

the world, he is now sharing all his secrets and famous freestyling skills to help you improve your football techniques and take them onto the pitch. Interspersed with the jaw-dropping tricks, guidance on tackling, fundamental skills and tips on advancing your expertise, Andrew's passionate advice about following a dream and overcoming adversity prove that both enthusiasm and patience play a major part in any sporting arena. This isn't only about teaching the physical elements but learning from a master about how to focus your mentality to bring flair, passion and precision to your game.

This is Esera Tuaolo's own searing story of terror and hope. A Samoan raised on a Hawaiian banana plantation, he had a natural talent, football. He went on to play for five NFL teams: the Green Bay Packers, the Minnesota Vikings, the Jacksonville Jaguars, the Carolina Panthers, and the Atlanta Falcons in the 1999 Super Bowl. But for the nine years he played professional football he lived in terror that when his face flashed upon the TV screen, someone would divulge his darkest secret. Esera Tuaolo is gay. *Alone in the Trenches* takes you inside the homophobic world of professional football and describes fears that almost drove him to suicide. He evokes heartbreak--how his older brother, Tua, died of AIDS--and hope when, Esera, a deeply devout Christian fell in love and started a family. "Tuaolo emerges in these pages as a complex, intellectually curious and fascinating individual defined neither by his choice of career nor by his sexual orientation." --Booklist "Tough, tender and brutally honest." --Robert Lipsyte, former New York Times sports columnist "Even I was not prepared for his amazing life story." --Billy Bean, author of *Going the Other Way*

The Secret is an international phenomenon that has inspired millions of people to live extraordinary lives. The Secret to Teen Power makes that material accessible and relevant for today's over-programmed, stressed-out teens. It explains how the law of attraction can help teens navigate their friendships, relationships, schoolwork, money, and even more global issues like politics and the environment. It all happens through the basic principles outlined in The Secret to Teen Power that will bring happiness and fulfillment for all who embrace it.

"How to Win Friends and Influence People" is one of the first best-selling self-help books ever published. It can enable you to make friends quickly and easily, help you to win people to your way of thinking, increase your influence, your prestige, your ability to get things done, as well as enable you to win new clients, new customers.

Twelve Things This Book Will Do For You:

- Get you out of a mental rut, give you new thoughts, new visions, new ambitions.
- Enable you to make friends quickly and easily.
- Increase your popularity.
- Help you to win people to your way of thinking.
- Increase your influence, your prestige, your ability to get things done.
- Enable you to win new clients, new customers.
- Increase your earning power.
- Make you a better salesman, a better executive.
- Help you to handle complaints, avoid arguments, keep your human contacts smooth and pleasant.
- Make you a better speaker, a more entertaining conversationalist.
- Make the principles of psychology easy for you to apply in your daily contacts.
- Help you to arouse enthusiasm among your associates.

Dale Carnegie (1888-1955) was an American writer and

lecturer and the developer of famous courses in self-improvement, salesmanship, corporate training, public speaking, and interpersonal skills. Born into poverty on a farm in Missouri, he was the author of *How to Win Friends and Influence People* (1936), a massive bestseller that remains popular today.

No player has been more synonymous with the glory years of Manchester United Football Club over the past two decades than right-back Gary Neville. An Old Trafford regular since he attended his first match at the age of six, captain of the brilliant 1992 FA Youth Cup-winning team that became known as 'Fergie's Fledglings', outspoken representative of MUFC, Neville is the ultimate one-club man. He has been at the heart of it all and, at the end of an amazing career, is now ready to tell it all. Authoritative, insightful, fearless and never less than 100% honest, no-one has better credentials for documenting the story of United under Sir Alex Ferguson. Neville reveals the behind-the-scenes secrets of his early days with the likes of Giggs, Scholes and his best mate David Beckham; what it was like to play with Cantona, Keane and Ronaldo; the Treble in 1999; and of course an entire career of playing for the greatest manager in the game. Then there are all his experiences with England, from being the youngest starter at Euro 96 when football came home, to the ups and downs of five major championships and seven managers - Venables, Hoddle, Wilkinson, Keegan, Eriksson, McClaren and Capello. There are opinions and analysis on Gazza, Rooney, WAGs and the true story of the FA and Rio Ferdinand. For twenty glorious years, Gary Neville has worn his heart on his sleeve. This is his story.

Shortlisted for the 2020 Business Book

Awards I Am My Brand is a toolkit for personal brand success. Featuring dynamic female brand builders from around the world, the book is a woven tapestry of personal brand advice with storytelling and support that offers a practical guide for female entrepreneurs, freelancers and executives. I Am My Brand explores the techniques used by different women across cultures to build their personal brand, as well as the challenges they faced and their paths to overcoming them. Focused on the skills needed to succeed, their stories – coupled with the author's expertise – will support readers on their own journey to brand success and self-empowerment in work and life. The book is written in a down-to-earth style, with light entertainment and real-life anecdotes, providing insights into how to create, package and grow your personal brand. Written by one of the most influential female brand builders in the UK, I Am My Brand is a testament to the power of being a woman and illustrates what it takes to build a powerful female brand in today's male dominated business world.

Money, cars, homes, holidays, parties and all the shoes you've ever dreamed of. The life of a footballer's wife or girlfriend must be as glamorous and exciting as her other half, right? But behind the closed doors of the WAG's world, there are all the pressures as well as pleasures of success. So what is it really like? The Secret WAG lays bare the reality of existence under the celebrity spotlight. It is about fashion and fame, sex and scandal, but, like the bestselling Secret Footballer books, is also an honest appraisal of life on and off the field of play which will change your preconceptions about footballers and their partners. It is sassy, outspoken, funny and above all, written from the heart. Meet

The Secret WAG.

'Very funny on almost every page, wonderfully self-deprecating and very sharp on the ludicrous behaviour of the modern player' - Sunday Times 'The funniest man in British sport' - Metro **A Sunday Times Sports Book of the Year** **Short-listed for the National Book Awards** **Longlisted for the Telegraph Sports Book Awards Autobiography of the Year** You become a footballer because you love football. And then you are a footballer, and you're suddenly in the strangest, most baffling world of all. A world where one team-mate comes to training in a bright red suit with matching top-hat, cane and glasses, without any actual glass in them, and another has so many sports cars they forget they have left a Porsche at the train station. Even when their surname is incorporated in the registration plate. So walk with me into the dressing-room, to find out which players refuse to touch a football before a game, to discover why a load of millionaires never have any shower-gel, and to hear what Cristiano Ronaldo says when he looks at himself in the mirror. We will go into post-match interviews, make fools of ourselves on social media and try to ensure that we never again pay £250 for a haircut that should have cost a tenner. We'll be coached and cajoled by Harry Redknapp, upset Rafa Benitez and be soothed by the sound of an accordion played by Sven-Goran Eriksson's assistant Tord Grip. There will be some very bad music and some very bad decisions. I am Peter Crouch. This is How To Be A Footballer. Shall we?

In the closet... Career-focused Jason Tant has given up on love to play football at the highest level: his team is in the Premiership, and Jason also plays for the English national team (even though his

mother is Spanish). He doesn't want to be the poster boy for LGBT people in sport—and his advisors have told him that coming out will ruin his career. It's not an issue until Scott captures Jason's heart and turns his world around. Out and proud... With a carefree, live-for-the-day attitude, Scott Cole was never in the closet. Funny, clever, and a terrific dancer, the science student has many talents but the man he loves requires something else—discretion. They seem an unlikely couple but neither can resist the chemistry that draws them together. Under scrutiny... Prying paparazzi are everywhere, determined to out gay footballers. Scott questions whether he and Jason need to keep their love a secret when professional British sportsmen in other fields are coming out. Will Jason have to choose between love and his career? Or will the tabloids destroy them both? An MM romance novel with a happy ever after. The story spans 2012-2015. Set in England where fans would die for their football team and football is not called soccer. It is 51,000 words. The book was inspired by the news story in October 2015 that British gay footballers are preparing to come out in public. As of January 2017, no professional players at the top level in European football have come out. The rumours persist and there have been discussions at the highest levels, including inside Parliament. The story is set in England but uses American spelling for the benefit of international readers.

He's back - and this time he's got company. The Secret Footballer has teamed up with one of the most highly respected physios in the game to bring you the stories of a football season through the eyes of someone who has covered over 1000 games in his career and who knows the most intimate details about

every player he treats. From the pre-season pressures of a new manager and players who have overindulged on their summer breaks, to witnessing some truly horrific (and sometimes career-ending) injuries; from star players who think nothing of using him as their personal family doctor to revealing some of the more unconventional treatments players choose to experiment with, the physio has truly seen it all. Alongside this privileged glimpse into the physio's world, The Secret Footballer will be telling his own tales of injury, pain and perseverance with his trademark insight and wit. 'He's a total rock 'n' roller. There's a bit of Mario in all of us - well, maybe not Gary Neville - but the rest of us most definitely.' Noel Gallagher He may be football's latest superstar, but Mario Balotelli is just as famous off the pitch for his eccentricity and extraordinary antics. From the time he let off fireworks in his bathroom to the notorious bib incident, he's rarely out of the news. But in his secret diary*, as we follow Mario through one turbulent football season and the trail of mayhem he leaves in his wake, we discover that the headlines only tell half the story. Whether he's hiding Silvio Berlusconi in his basement, patrolling the streets of Manchester as a caped crusader or trying to be the first Premiership footballer to go to the moon, the truth is stranger, and much funnier, than we could have expected. *not the actual diary of Mario Balotelli

"I saw men under pressure. I saw men succeed and more men fail. I always wondered where the difference lay." What separates the good from the truly great players? How do football managers get the best out of their team? How do you come back from a crushing defeat to win? In an inspirational, funny and thought-provoking new book, The Secret

Footballer teams up with The Secret Psychologist to crack the secrets of success and share with us the tricks and tips that keep the top players at the top of their game. Exploring the winning mindset from confidence to concentration, exposing the successes, the failures and the frauds, this book will shock and entertain. And while most of us will never dribble like Messi or strike like Suarez, we can learn to think like them. *How To Win* is the thinking fan's handbook for those who want to win. At football or at life.

HOW TO BECOME THE PERFECT FOOTBALLER WITH THE BESTSELLING FOOTBALL INFLUENCERS We are The F2. And this is *Ultimate Footballer*. We have scoured the planet and analysed what components you need to become the perfect footballer: the speed of Mbappé, the dribbling of Hazard, the tekkers of Neymar and the tackling of Ramos. If you want to add skills like the Özil bounce pass, the Messi soft scoop and the Neymar rainbow, then look no further. And this time we reveal the secret tips told to us by the top Pros behind the scenes. And once you've put your ultimate footballer together, you can compare with ours. Who has the best? You decide. There's a free app to download that will make the pages come to life with exclusive videos, tricks and games. So, what are you waiting for? Open, read, learn, download and get out on the pitch and practise.

Few British schoolchildren of the seventies can have been as obsessed with the Tour de France as William Fotheringham, who smuggled copies of *Miroir du Cyclisme* into lessons to read inside his books. He saw the Tour for the first time in 1984, avidly following that year's race on television in the Normandy village where he lived. Since joining the Guar-

dian in 1989, William Fotheringham has been at the forefront of British cycling journalism. Here he reflects on the events of the last twenty-three years - the triumphs, the tragedies and the scandals that have engulfed the world's most demanding sport. Key articles from his career are annotated with notes and reflections. What would he have said if he'd known then what we all know now about Lance Armstrong? Which cyclists and teams were not all they seemed? And which victories still rank as the greatest of all time? This is the definitive collection of cycling reporting.

In a world where so many books by and about footballers are little more than bland PR exercises, *Full Timebreaks* the mould decisively. Stripping away the facade of what we think life must be like for an international football star, Paul Kimmage reveals a different story when it comes to Irish footballer Tony Cascarino. Scarred by his childhood, haunted by indiscretion and troubled by a secret from his past, Cascarino is struggling to find answers as he speeds towards the most terrifying juncture in sport: the end. As Cascarino opens up about his fears, crippling loss of confidence and sexual indiscretion, no wonder *The Times* voted it one of the Top Ten football books of all time, and Eamon Dunphy said of it: 'If it were fiction this book could win the Booker Prize.'

The biography of soccer legend turned Hollywood movie star - Vinnie Jones. From a broken home to the captain of Wales, a loving husband who became a huge film star, Vinnie Jones has lived a rich and varied life. Here he tells his story.

The truth about professional football by the man on the inside.

Looking at every area of the game and

with exclusive contributions from elite players, leading coaches and sports scientists from the world's leading clubs – including Barcelona, Real Madrid, Manchester United, Chelsea, Paris St Germain and Bayern Munich – this expert guide reveals how sports science ensures the

likes of Cristiano Ronaldo, Lionel Messi and Gareth Bale deliver super-star performances every time. A brilliant combination of locker-room secrets and practical advice, this is a book that will interest both players and fans.